TRIPLE FEATURE ATTACK OF THE GOLDBUG

OUTRAGEOUSLY CHEAP BUT PRETTY EXPENSIVE

GAFFAW!

AT THE MAGIC OF THE MANDATORY ASSEMBLY!

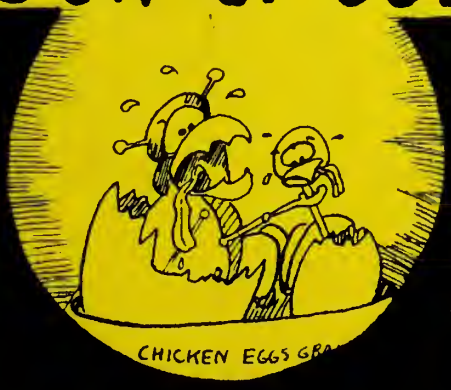
BE AMAZED!

AT THE VARIETY OF CIGGARETTE BUTTS!

The Goldbug, 1974 /
LO GOLDBUG
252566
Amherst Regional High School Library

I WAS A TEENAGE GOLDBUG

SON OF GOLDBUG



Miss Eleanor C. Fillmore
119 Mill Lane, R.D. 1
Amherst, Mass. 01002
IGRAY

252566

GOLDBUG

1974

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Amherst, MA 01002

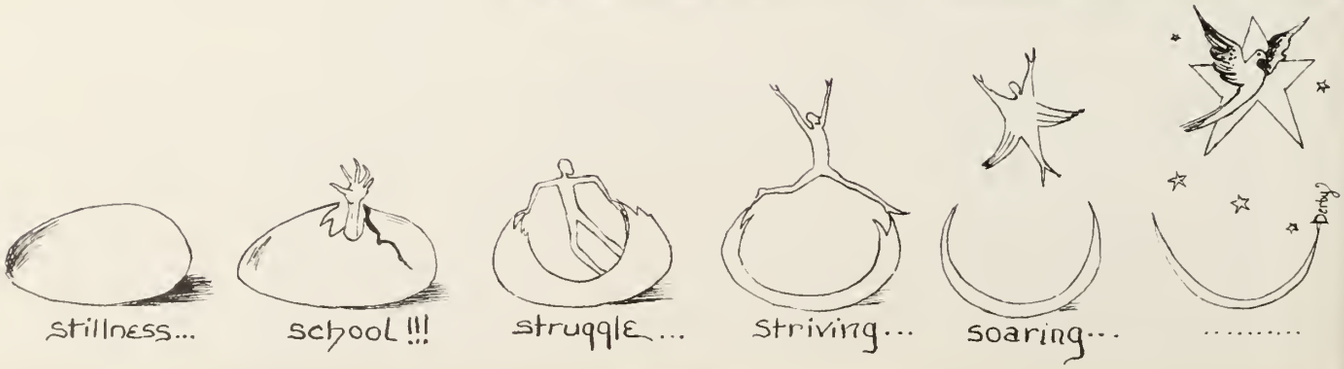
AMHERST REGIONAL HIGH SCHOOL

Vol. 57

We Dedicate

Blanche Derby

We would like to thank Mrs. Derby for her continuous aide and guidance in the creation of the yearbook. She has coordinated her photography class lessons to enable us to provide more pictures of the student body. She has also provided us with irreplacable pieces of art, from which the yearbook enables everyone to benefit. We thank her especially for reminding us of our deadlines and offering invaluable suggestions which have made this yearbook the best.



This Book To:

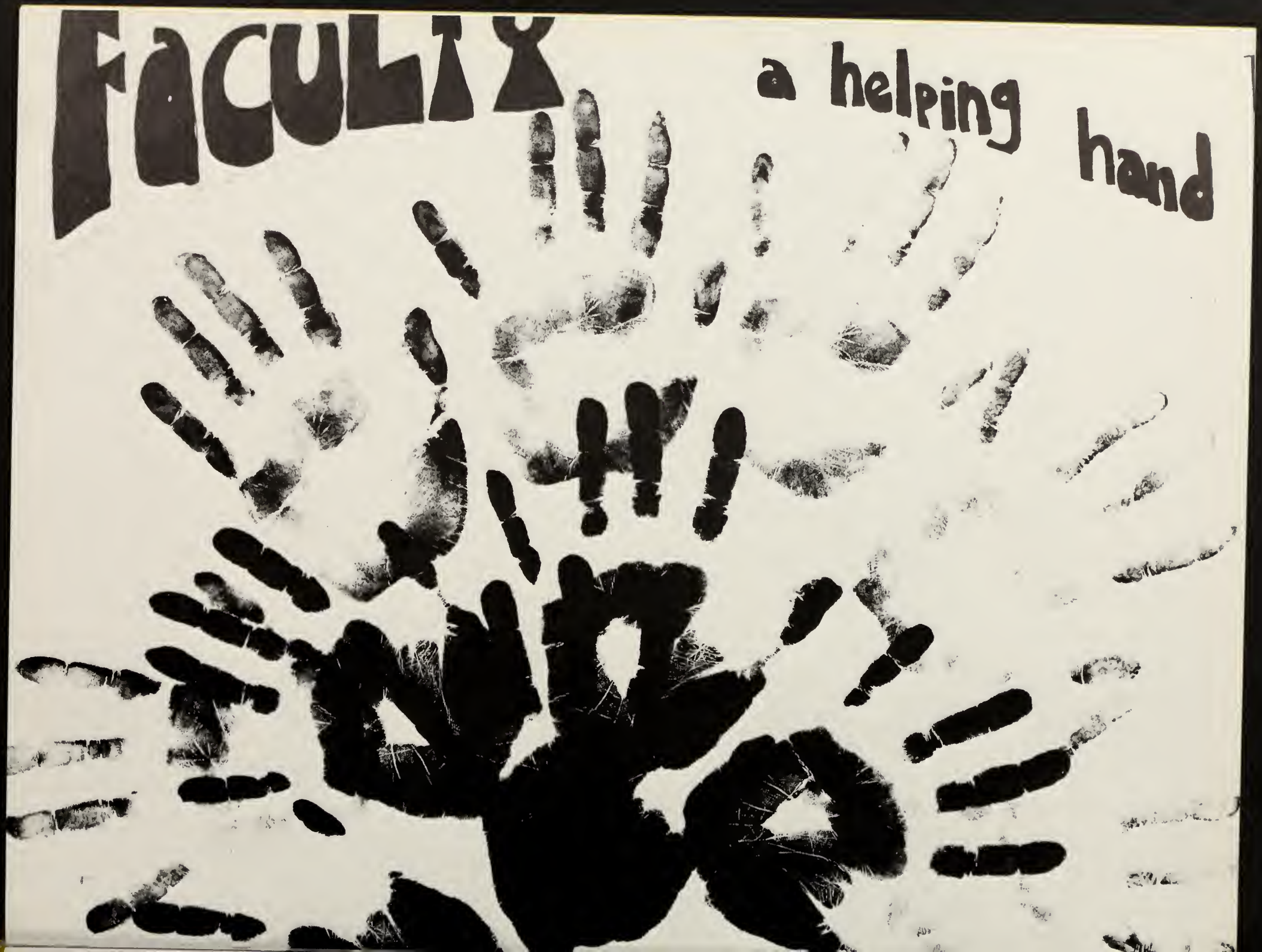
Betty Lawson

It is through the efforts of Miss Lawson that the girls' Phys Ed classes have become what they are today — varied, interesting and appealing to the majority of participants. She has taken it upon herself to see that gym classes offer what is wanted by the students. She has been the coach on a number of teams and has led more than a few of them to victory. We dedicate the yearbook to her in grateful acknowledgement of her constant concern for her students.

School is a part of life, not separate from it. Enjoy it!!!

FACULTY

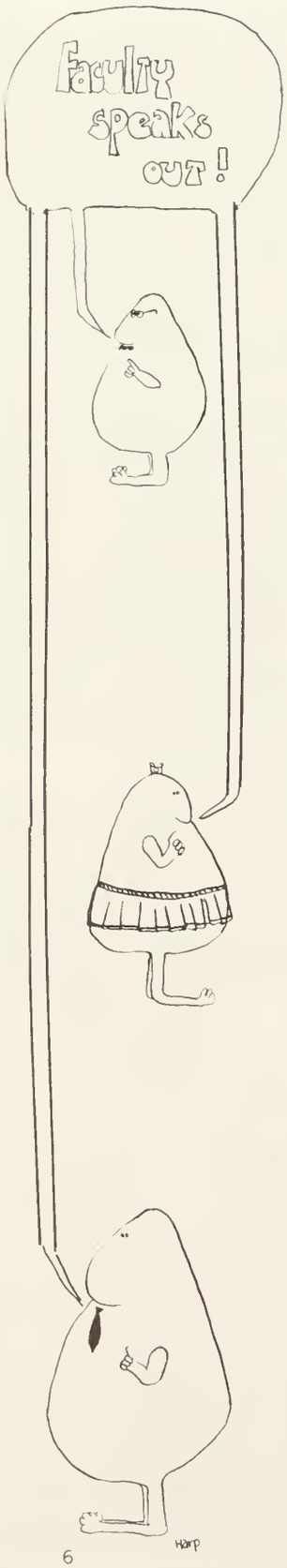
a helping hand



FACULTY a helping hand!

“ ”

What must not change — is the will to change.
Llamas



John Craig
Guidance

Randy Robinson
Phys Ed

Georg Steinmeyer
Assistant Principal

Alice Modrzakowski
Secretary

Martha O'Neill
Home Economics

Elinor Thornton
A. V. Office

Eleanor Fillmore
Director of Guidance

"You are free the moment you do not look outside yourself for someone to solve your problems."

Craig

Mary Fitzpatrick
Math

Edgardo Rothkegel
Language

John Warthen
English

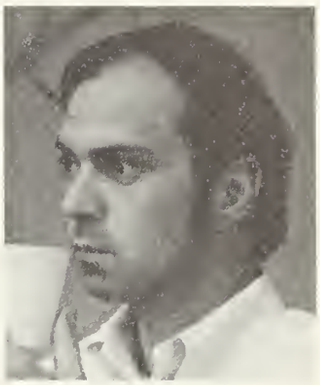
Virginia Oldershaw
Secretary

Richard Read
Industrial Arts

Norma Shoen
I.P.C.

Alice Stanne
Math

Leo Vigneault
Guidance



Stanley Dobosz
English

Bruce Oldershaw
A.V. Director

Karin Cathy
Language

"Anyone can accomplish anything they want — if they make the effort."
Gray

Betty Jane Donley
Language

Carol Schweid
Social Studies

Donna Glazier
Social Studies

Evelyn Barber
Social Studies Aide

Suzanne LaVerdiere
Math

Betsy Jones
Library Aide

Arthur Leland
Guidance

John Maggs
Music

John Goodin
English

Festina lente! (motto of the Emperor Augustus) Make haste slowly!
Donley

Ann Staley
Language Lab

Helen Goddard
Receptionist

Lita Preston
Math

Mary Ann Shea
Business

Jane Price
English

Benton Minks
English

John Kolasienski
Custodian

Charles Stevens
Title 111 Program

Ana Hayes
Language

Frank Llamas
Community Resource Specialist

"I guess school is O.K., but it so often interferes with one's education."
Lindblom

Larry Crouse
English

Rudy Woloss
Custodian

Pearl Very
Library Secretary

Charles Abramson
Phys Ed

Keith Lindblom
Industrial Arts

John Heffley
Coordinating Principal

Marlene Pressman
English

Mary Bleckwehl
Guidance Aide

William Ames
Social Studies

Thomas Styspeck
Science

People must confront themselves, or live for others.
Robinson

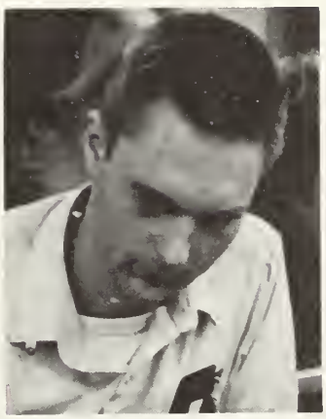
Larry Briggs
Phys Ed

Paul Lengieza
Social Studies

David Caporello
Science

Clifford Fonsh
Social Studies

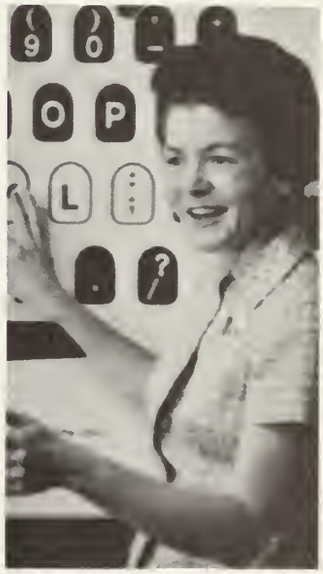
Charlotte Halpin
English



Rodney Gray
Industrial Arts

Virginia Bastable
Math

Robert Dube
Language



Charles Camp
Science

Pat Fredrickson
Business

"There's no such thing as a free lunch. — LWEC Hammarstrom"

Helen Karch
Cafeteria

Jessie Halsey
Science

Rufus Kneeland
Phys Ed

Janet Fleury
Social Studies Aide

Helen Howard
Cafeteria

Walter Ouimette
Language

Doris Wentworth
Teachers' Secretary

Irene Matlon
English

John Adams
Instructional Director

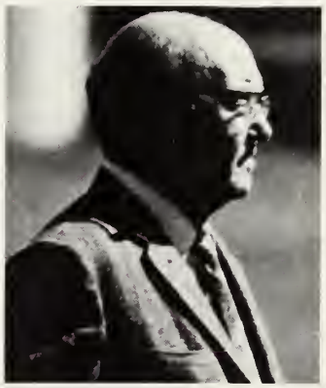
Andrew Phillips
Music

Fondness it were for any being free to covet fetters, though golden they may be. — Shakespeare

Linguieza

James Kelly
Industrial Arts

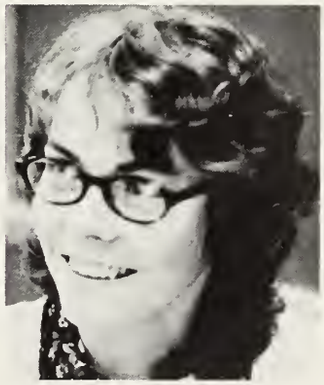
Carol Klingelhofer
Science



William Kahnweiler
I.P.C. Center

Paul Langlois
Principal

Lorraine Gouin
Science Aide



Georgette Vlach
Custodian

James Scott
Science

Kristin Johnson
Home Ec

Joseph Jacobs
English

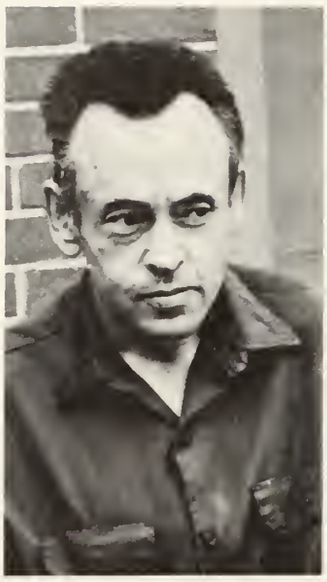
David Hammarstrom
English

"To thine own self be true and it
must follow
As the night the day thou canst
not be fake to any man. — Shakespeare
Halpin"

Nina Modrzakowski
Registrar

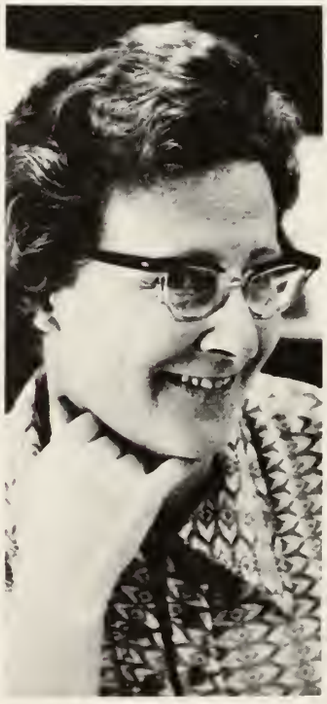
Beverly Main
Health Office

Erwin Cepek
Science



George Banks
Custodian

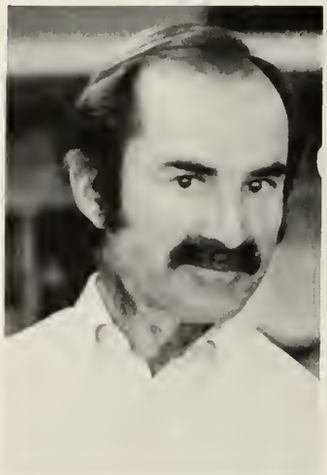
Isabel Ryavec
Librarian



Dorothy Hammarstrom
Main Office Aide

Sandra Skrowronek
School Nurse

Molly Robinson
Guidance Secretary



Alexander Smith
Custodian

Dorothy Ewell
Cafeteria Manager

Paul Judson
Math

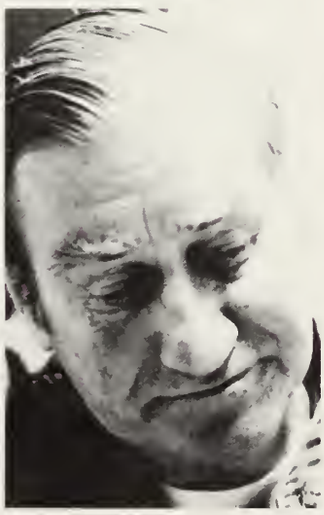
“

Bouches ouvertes attrapent les mouches.
Ouimette

”

Merrita Hruska
Home Ec

Jennie Oberlander
Science Aide



Lorrie Giard
Phys Ed

Robert Kelly
Social Studies

Gerald Britt
Custodian

Robert Aldrich
Custodian

Rita Clevenger
Cafeteria

Virginia Siddall
Title III Program

ACTIVITIES

Orchestra
"As Schools Match Wits"
Biology Club
Key Club
French Club
Morning Announcements
Debate team
A.F.S.
Chess Club
Literary Magazine
Business Careers Club
Thespians / Stage Crew
Band
Chorale
Tri-S
A.V. Club

Future Teachers
Nat'l Honor Society
Pep Club
Graphic
Student Council
Student School Comm.
Outing Club
F.H.A.
Auto Club
Chorus
Tri-S
Cheerleaders
Rod and gun club
Snowmobile Club
Cross Country Ski Club

PEOPLE WHO MAKE THE SCHOOL

Student Council. Pictured, **First Row:** Sophomores; J. Waldrin, P. Gordon, K. Dzendolet, K. O'Neil, R. McGinn, **Second Row:** Juniors; K. Barnes, M. Gray, E. Boluch, E. Gettier. **Third Row;** Seniors; R. Chametzsky, K. Clark, R. Cole, C. Mellen, R. Cahmberlain, P. Mascis. Missing, S. Culbertson, A. Gluckstern.

This year, due to early graduation, the Council was led by two presidents, Rob Meyer, until he graduated in Jan., and Kathy Clark for the rest of the year. Other officers included; Loren Oakes — vice-president, Kathy Barnes — secretary, and Steve Culbertson — treasurer. Three seniors were replaced when they graduated in January. They were; Martha Epstein, Kathy Rausch, and Stan Allen. The Council met every week with advisor Mr. Kelly, who made the administration's viewpoints known.

Student School Committee; R. Chametzsky, T. Farb, F. Houn.

The Student School Committee was set up two years ago by the Student Council. The major goal of this group is to establish lines of communication between the A.R.H.S. students and the School Committee.

Tom Farb, Regional Advisory Council Representative. The Regional Advisory Council to the Massachusetts State Board of Education has a representative from each school in the state. This year the Council introduced three pieces of legislation to the State Legislature, and has also held regular meetings with the Board of Education. The Council has also been a powerful source of change in our school educational system.

TICK . . . TICK

Tri-S Club. Pictured, **Seated:** S. Campbell, L. Hayes, K. Clark, sec., R. Shearer, publicity chairman, J Lauder, publicity chairman, M. Gray, K. Barnes, V. Barber, L. Scanlon, M. Southworty, S. Kravetz, M. Bradford, A. Robinson, D. Main, E. May, M. Branfass. Missing, P. Mascis, pres., S. Zartman, vice-pres., Gina Vassallo, treas., and about 3/4 of the rest of the club.

The main event this year was the very successful Tri-S formal, with a record breaking crowd of 174 people. The Hotel Northampton swung to the music of Chet Dragon and his Band. Other events included volunteer work at Belchertown State School, a Baking Day with residents of nursing homes, a spring fashion show, bake sales, and sponsoring a scholarship in memory of the late Jeffery Towsen, who was a 1972 A.R.H.S. graduate. Tri-S has a membership of approximately seventy girls.

The Key Club was very active this year in their efforts to be of service to the school and community. In the fall they sponsored the Walk For Belchertown, which turned out very well. Other club activities were building shelves for the biology room to house plants,and helping with a blood drive.

Morning Announcements; **Left to Right,** T. Farb, E. Dilhman, C. Mellen, R. Cole.

"Good Morning and here are the Morning Announcements . . ." They were the cheerful voices you heard when your eyes were half closed. News, daily activities, and special birthday greetings were among the informing items which were brought to you every morning after the 8:05 bell.

Key Club. Pictured, **Seated;** M. Vinsky, sec, L. Lundberg, B. Lambert, J. Chisolm, S. Epstein, S. French, C. Beckett. Missing, R. Chamberlain, pres., B. Crites, treas.

The court of the Tri-S Formal. P. DeCou, M. Brandfass, C. Ripa, R. Barnes, P. Mascis, queen. Crowning her is Mr. Leland as Mr. Adams looks on.

TICK TICK

The Chorale gave several performances during the 1973-74 school year. These included a concert at the farewell reception for Ronald Fitzgerald, and a joint concert with Chorus at Grace Church. The major work performed was Vivaldi's **Gloria in D** with a duet by Jami Gulko and Cherie La-France, and solos by Lorie Foster, Rachel Rudmann and Ellen Ziff. A major work performed later in the year by the Chorus was Pergolesi's "Stabat Mater".

Kevin Rivers, Julie Melrose, and Lorie Foster participated in the Massachusettes Western District Chorus, and Lorie Foster participated in Allstate Chorus.

Band and Orchestra each performed several times during the school year. The Band hosted another band from New Jersey, and many people from both groups participated in youth ensembles. Many people played with the Massachusettes Western District Band and Orchestra. Marina Jaffe, Karen Little, and Cindy Shaw participated in Allstate Band, and Nancy Brown and Alex Will played with Allstate Orchestra.

The Editors-in-Chief.

"Hard at work in the Goldbug office."

"As School's Match Wits" Team; C. Chandler, T. Venman. Missing: J. Fuller, R. Meyer, R. Chametzsky.

The "As Schools Match Wits" team practiced weekly during the school year and it paid off, since they reached the semi-finals. To accomplish this they had to win three games in a row, then they stay in retirement until spring when they played for the Championship.

With Mrs. Price to advise them, the **Graphic** staff produced a higher quality publication than those of previous years. This was due, in part, to the many outside contributors who were not affliated with a Journalism II class and who broadened the perspective of articles and lightened the burden of publication for the Journalism students.

Literary Magazine; Pictured, B. Cann, T. Filios, Mr. Crouse advisor.

Graphic. S. Stewart, S. Harper, J. Sullivan, M. Coty, Mrs. Jane Price, Advisor, D. Flight, L. Lundberg, R. Shanor.

TICK TICK TICK TICK

Art Club: S. Pyne, L. Whiston, H. Lindbloom, P. Schwartzberg, J. Mahar, F. Schwartzberg, Mrs. Derby, Advisor, C. Adams.

The art club annually sponsors two bazaars. One before Christmas and one at the Amherst Town Fair. Art students donate their work and proceeds go to buy equipment for the art room. Items in the past have included a stereo and a photograph enlarger. These bazaars are very popular with the students and the faculty.

Thespians; **Seated,** P. Taylor, S. Harper, R. Rudmann, L. Halsted. **Second Row;** K. Paulin, B. Lambert, R. Cole, P. Weiner, J. Oberlander, Benton Minks, Advisor, **Third Row:** T. Picha, C. Reimer, C. Mellen, E. Ziff, L. Bancroft, A. DeCourcey.

The fall production was "Many Moons," directed by Katie Hafner. A Talent Show gave many students a chance to display hidden talents this winter. The Club eagerly awaited their spring trip to New York to attend theater on a more professional basis.

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TICK TICK TICK TICK TICK TICK

Debate, C. Fitzgerald, L. Lundberg, T. Farb, P. Collery, D. Smith, O. Cheyette, A. Lee, M. Lee, K. Smith. **Back Row:** Mrs. Pressman advisor, P. Filios, T. Hunter, D. Romer, R. Fredman, V. Ross, A. Goodzeit, P. Gordon, K. Dzenalan, L. Ford, R. Williams.

The debate team has travelled to over fifteen tournaments in Massachusetts, New York, Rhode Island and New Hampshire this year. They have won numerous team and speaker awards. As many as forty schools compete at each tournament. The debate team has great expectations for the future as the novice debaters have won 1st place at five tournaments.

The topic this year was on the question of poverty in the United States. Each debater did extensive research on the welfare system in order to argue for or against the resolution. Practice debates, as well as coaching sessions are held after school in preparation for the tournaments.

The Outing Club was very active this year with various seasonal events. The spring bike trip was expanded this year to include seven different trips, all located in the Cape Cod area for the most part. The Lake George trip was popular again this year. All the activities were well attended.

Outing Club: **Bottom Row,** A. Burgess, L. Hartman, C. Drake, J. Dalton, C. Lee. **Middle Row;** C. Reimer, R. Rudman, M. Keenan, C. Mellen, B. Lambert, K. Taulin, P. Schoenberger, J. Levinger. **Top Row;** P. Swartzberger, S. O'Donnell, C. Camp advisor, J. Lockhart, L. Mann, A. George, M. Howards, N. Smith, S. Harper, E. Mann, R. Cole, J. Oberlander, E. Salzmann, S. French, C. Beckett.

Cross-Country Ski Club: J. Levinger, B. Lambert, B. Crites, M. Vinsky.

National Honor Society; **Bottom Row,** L. Gallager, J. Savoyen, C. Shaw, C. Drake, J. White, L. Hartman, J. Wolf, E. Freidman. **Second Row,** R. Paul, W. Stewart, L. Lundberg, T. Farb, D. Culbertsdon, R. Friedman, J. Perchak, S. Robert, M. Piccus. **Third Row,** Miss Donley, advisor, L. Meyers, E. May, A. Gluckstern, K. Hafner, B. Cann, R. Chamberlain, T. Venman, N. Leininger, G. Stowell, B. Progulski, B. Hastings, P. Schoenberger, **Top Row,** M. Visky, A. Oldeshaw, S. O'Donnell, S. Chajes., R. Cole, A. Goodzeit, E. Ford, D. Ford, S. French, E. Salzmann, L. Foster, M. Fournier, S. Howard.

A-V Club: **Seated:** D. Riemer, D. Sagalyn, C. Shapper, P. Donfried, N. Berger pres., S. Skillings advisor, R. Babb, G. Steve. **Second Row:** J. Mourr, M. Trumpke, R. Warriner treas., J. Field, M. Hawley sec., C. Pi-Sunyer, S. Kaiser. **Top Row:** T. Kelly, D. Yando, S. Harrison, T. Johnson, T. Barser, C. Fitzgerald, S. Kaslavskas, J. Field, R. Babb, S. Sandler, P. Krutkoy, Mr. Oldershaw, advisor. Missing, J. Gillispie, vice-pres.

TICK TICK TICK TICK TICK TICK TICK TICK

The Pep Club could be found actively cheering the various teams to victory. The club sold soda and candy at football games and popcorn at basketball games.

Pep Club: **Seated,** M. Gurski, G. Vassallo, J. Gilbert, sec., L. Glazier and J. Glazier, co-pres., M. Vinsky, treas., J. Perchak, K. Halsey,. **Second Row;** E. Boluch, H. Dill, B. Lambert, S. White, R. Shearer, V. Barber, S. Cicia, M. Lessard, C. Burnell, J. Savoyen, L. Bryan, E. Dilhman.

Giving enthusiastic support were five different cheering squads this year. Football, soccer, basketball and for the first time in A.R.H.S. history, a hockey squad.

You may often find cheerleaders behind the concession stand tempting you with all sorts of candy. They also have taken rides into the dead of night delivering boxes of goodies to the doorsteps of football players.

Let us not forget the Pep Band.! Shouting as well as playing their support under the direction of Mr. Phillips. The Band added the right spirit to make this a winning season for all the Hurricane teams.

Varsity Cheerleaders: E. Boluch, R. Shearer, P. Mascis, co-capt, S. Zatman, capt., D. Main, D. Goralski, C. Ripa, V. Barber, S. Cicia, H. Dill, M. Gurski, M. Richardson, L. Penza.

Junior Varsity Cheerleaders: **Kneeling,** L. Davies, L. Kellogg, M. Southworth, **Standing,** C. Louttit, co-capt., K. Klein, R. Paul, D. Whitcomb, capt., **Top,** S. McGill.

TICK TICK TICKTICK TICK TICKTICK TICK TIC

Hockey Cheerleaders: **Seated,** S. Durfee, D. Main capt, J. Gilbert co-capt, A. Lee. **Second Row,** M. Gray, L. Russell, M. Lee, S. White, M. Schwartz.

This year there was a new branch of cheerleaders. It consisted of nine girls who supported the Hockey Team by chanting from the stands. Two girls had to leave the squad halfway through the season, but were quickly replaced by new enthusiasts. The squad was greatly appreciated by the Hockey Team and fans at the games.

Varsity Basketball Cheerleaders: **First Row,** R. Shearer, E. Boluch. **Second Row,** D. Goralski co-capt., P. Mascis capt., C. Ripa. **Third Row,** T. Liu, M. Gurski, H. Dill, V. Barber. Missing K. Knauf, M. Richardson.

Junior Varsity Cheerleaders: A. Feaster, K. Sheerman, K. Curran co-capt, M. Southworth, R. Paul, S. McGill, capt.

TICK TICK TICK TICK TICK TICK TICK TICK TICK TICK

French Club: Alice Lee, Tom Farb, Mary Lee. Missing, Cindy Shaw and Laura Myers.

Biology Club: S. Fitzgerald, S. Finney, A. Burke.

F.H.A.: **Seated,** K. Freeman, C. Carey, C. Freeman. **Top Row,** R. Costigean, N. Field, V. LaClaire.

Chess Club: R. Friedman, J. Waldron, M. Osborn, S. French.

Chess Team: Mr. Judson advisor, J. Waldron, S. French, R. Friedman.

While interest in chess has died down since the Bobby Fischer excitement last year, dedicated members of the chess club still meet twice a week. Various individuals compete in college-affiliated tournaments. And the Chess Team competes with local high schools, sporting 4 wins, 2 loses, and 2 draws.

Business Careers sponsored many money making events for funds for their annual spring trip. This group consisted of girls interested in business careers after graduation.

Business Careers Club: **Seated,** J. Gilbert, S. White, sales chairperson, B. Capen, V. Weston pres., C. Heath sec., G. Vassallo treas., E. Dilhman. **Standing,** Miss Shea, Advisor, S. Kaslouskis, V. Barber, S. Cicia, S. Campbell, M. Lessard, J. Glazier, L. Glazier, Mrs. Fredrickson advisor.

Rod And Gun Club: **First Row** D. Culbertson, P. Schoenburger, T. Lucas, Hobo, J. Mitchell, Woody, A. Howard, Mr. Craig, advisor. **Second Row:** J. Wallas, D. McKemmie, D. Baker, P. Cavanaugh, Mort, Kelloge, P. Perchak, P. Ziomek, S. Stosz, T. Perron, D. Griswold.

"Would you care to join us? These members demonstrate the technique used to eat the rabbit after it has been shot, cleaned, and cooked.

The club goes on numerous fishing and hunting trips throughout the school year. Courses in gun safety are held and are required before any actual shooting is done.

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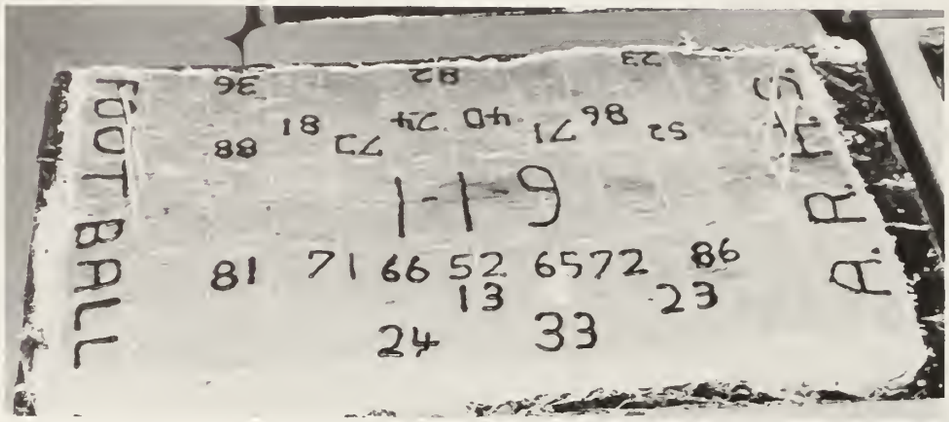


The Football team and Turk, got together to boost their winning season by creating the cake that sold for the most money at the auction.

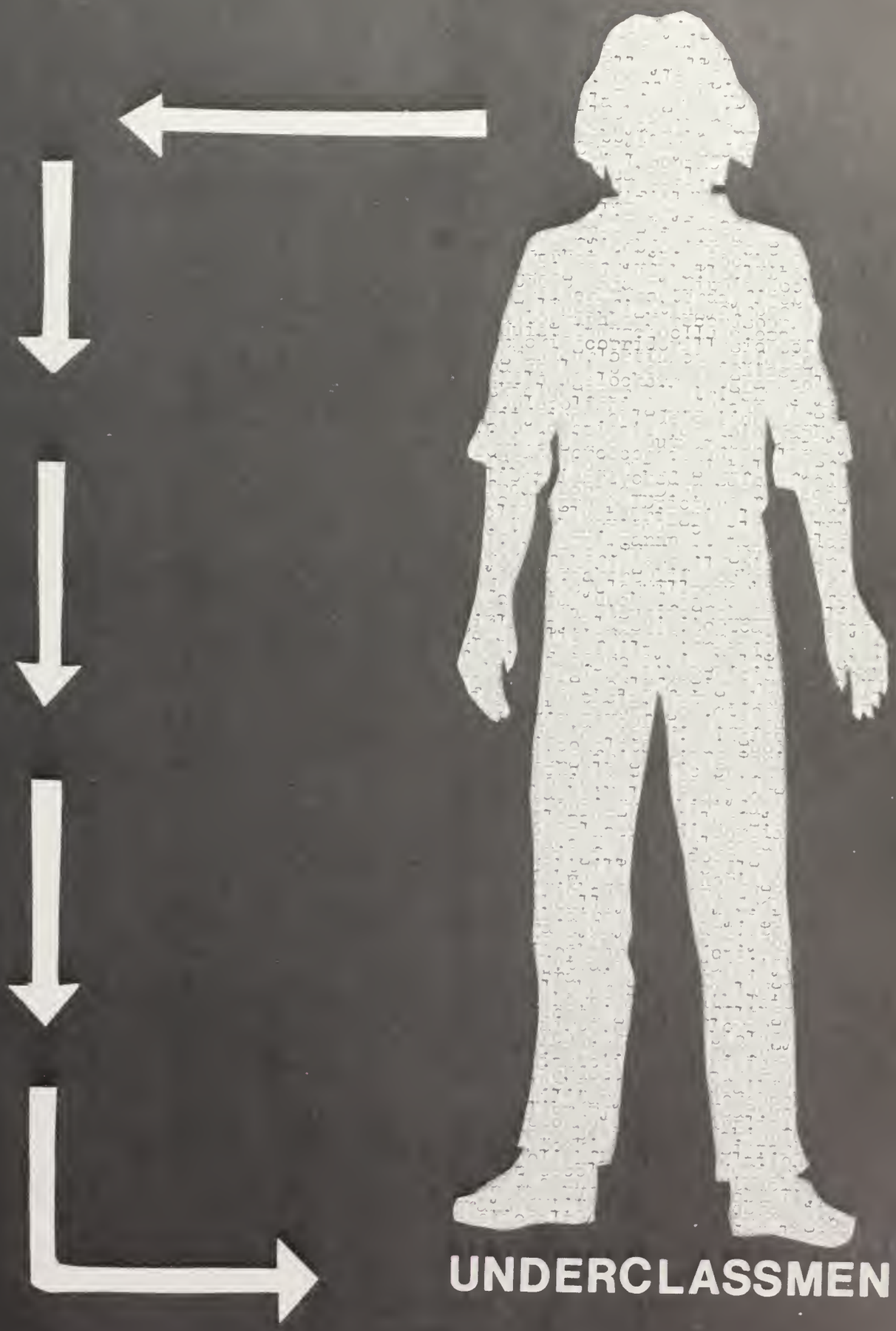
The Junior Class this year decided to have a core committee instead of the traditional class officers. They sponsored the always successful Junior Class Cake Auction for funds to put on the Senior Prom in May.

Waiting for the auctioneers to begin.

The Seniors this year are eagerly awaiting graduation. Looking back on past activities, the memories are happy ones. One of the big money makers was the community fair. We are looking forward to seeing Mr. Leland make as big a splash as Mr. Langlois did.

Senior Class Officers: Advisors Mrs. Hayes, Mr. Scott, Patty Mascis, sec, Carol Mellen, vice-president, Jim Laprade, treasurer. Missing: Rich Kellogg, president.

KEEP ON TICKIN' . . .



UNDERCLASSMEN

JUNIORS

Debra Adams, Lawrence Adams, Paula Albertson, Brenda Anderson, Noreen Aprile, Paul Archer, Thomas Archer, Wayne Avery, Ann Bachand, Susan Bak.

Lynn Baker, Charles Barnard, Cathy Barnes, Miriam Barnes, Chris Bean, Elizabeth Benson, Nancy Berger, Erica Berquist, Nancy Bernotas, Timothy Black.

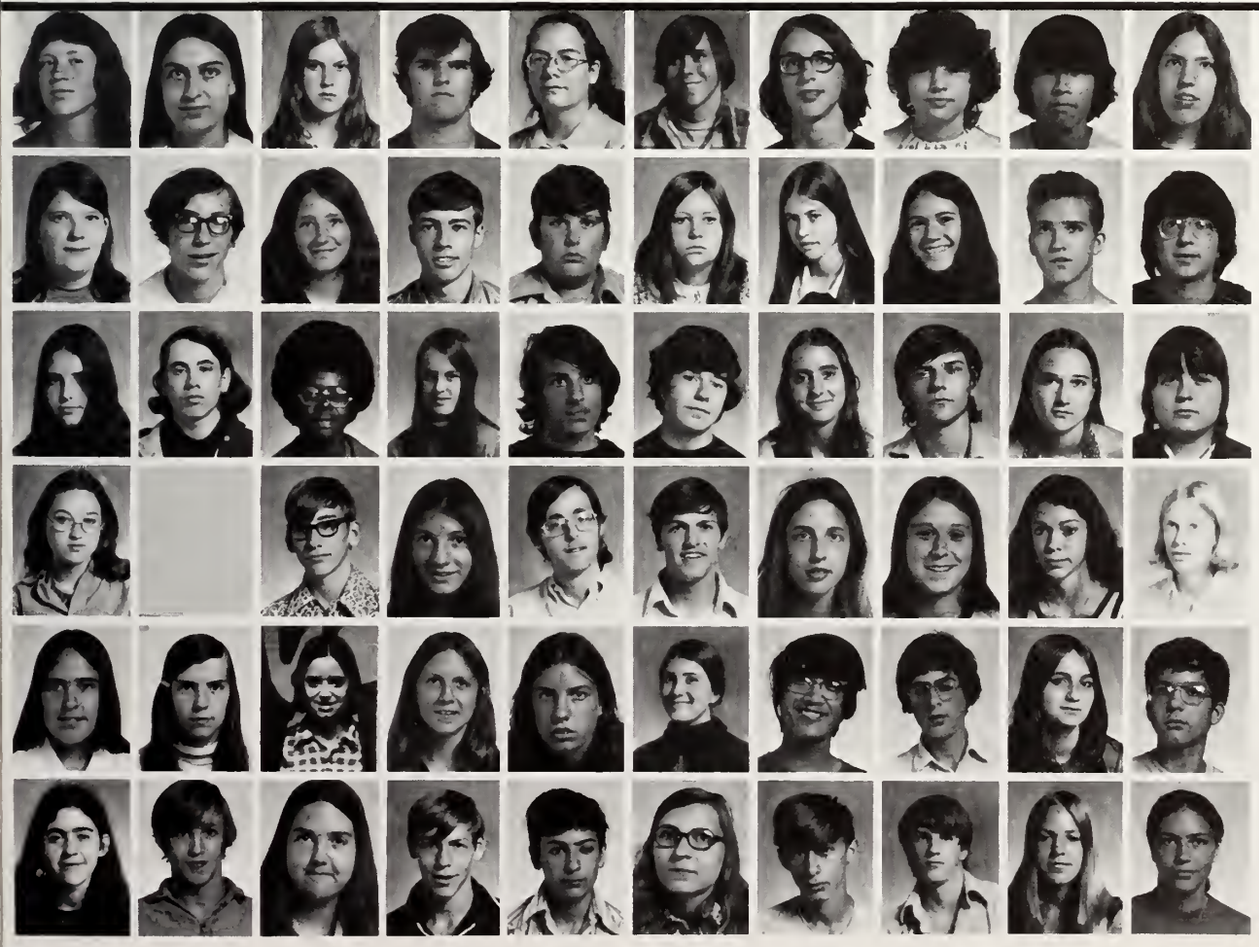
Elizabeth Bleckwehl, Eleanor Boluch, Marcia Bradford, Margaret Brandfass, Peter Braunthal, Nancy Brown, Martin Brozq, Cynthia Brunelle, Lynn Bryan, Jane Bukoski,

Angela Burgess, Charles Burke, William Butler, Elizabeth Carlisle, Philip Cavanaugh, Susan Cajes, Betsy Cann, Anthony Chastain, Mark Chien, Jeffrey Chilton.

Catherine Cleare, Cindy Cole, Sheryl Cole, Sheila Collins, Candace Coombs, Debra Corker, Edward Costa, Kate Coty, Andrew Cowles, Alan Crabtree.

Peggy Crossman, Steven Culbertson, Jayne Cunningham, John Curran, Mark Davies, Bridget Davis, Karen Delgardo, Andrea Dihlmann, Carla Dihlmann, Catherine Dods.

ORS • JUNIORS • JUNIORS • JUNIORS • JUNIORS



Diane Doubleday, Cindy Drake, Cindy Drake, Kenneth Drake, Susan Dreyer, David Eckess, David Ertel, Mary Evans, Bruce Feng, Judy Field.

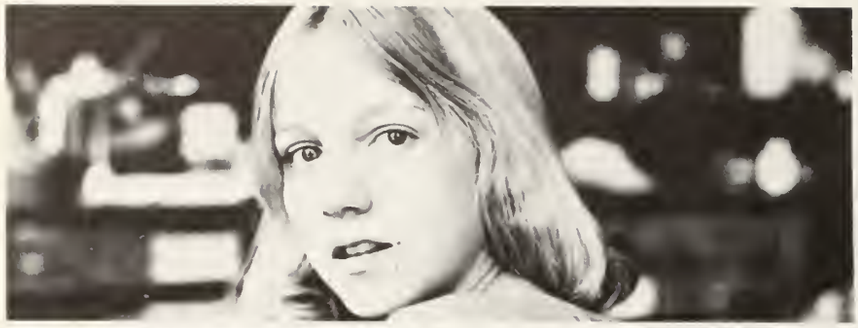
Nancy Field, Paul Filios, Kathy Fischer, Clifford Fitzgerald, Hilaire Fournier, Beth Fox, Margaret Francis, Jill Franks, Duane Freeman, Ronald Friedman.

Lisa Gallagher, John Garber, Sandra Gardner, Barbara Gere, Evan Gettier, David Gilbert, Amy Gluckstern, Michael Goodhind, Alison Goodzeit, Nancy Gralenski.

Molly Gray, David Griswold, Katherine Hafner, Dacre Hancock James Hansen, Jody Harrelson, Linda Hartman, Susan Harvey, Cynthia Hastings.

Joan Hatt, Mary Hawley, Linda Hayes, Donna Hillenbrand, Jill Holcomb, Mary Holmes, Fred Houn, Mark Edwards, Tamara Howe, Timothy Hunter.

Marina Jaffe, Robert James, SueAnn Jerome, Christopher Johnson, Samuel Judson, Susan Kaslauskas, William Keedy, David Keenan, Lauren Kielbasa, Diane Klein.



JUNIORS

Benjamin Klemer, Mary Koenig, Marsha Kolasinski, Cynthia Koldy, Steven Konicek, Carl Kosarick, Sharon Kravetz, Julie Kropf, Susanna Kummerle, Debbie-Sue LaClaire.

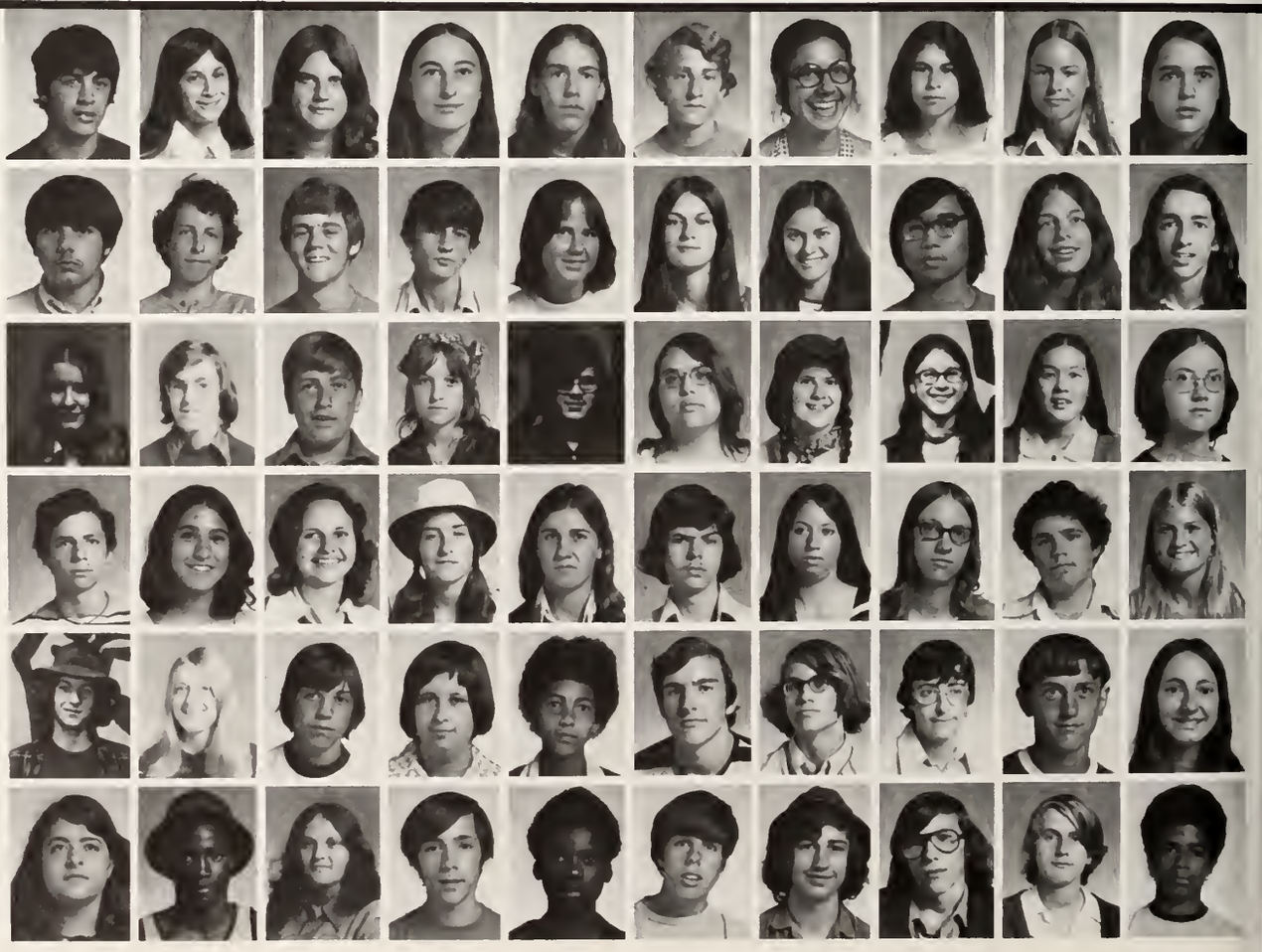
Raymond LaClaire, Paul Lambert, Bryce Lane, Peter Lashway, Aletha Leadbetter, Alice Lee, Mary Lee, Todd Lee, Lisa Leed, Nicholas Leininger.

Janet Lentilhon, Douglas Lenz, Gregg Leonard, Lynn Letourneau, James Levinger, Nancy Likens, Heidi Lindblom, Karen Little, Theresa Liu, Joan Lockhart.

Douglas Logan, Martha Lord, Michele Mageissen, Debra Main, Debora Maisner, David Marcotte, Donna Marko, Debra Markuson, Robert Martin, Emy May.

Tom McClung, Brenda McGrath, Mark McKie, Susan Meade, Raymond Miles, Jerry Millar, Paul Miller, David Mills, John Mitchell, Cheryl Mokrzecky.

Harriet Monroe, Peter Moss, Irene Mullins, Anthony Neary, Greg Nelson, Steven Newcombe, Dale Nielsen, Eric Nielsen, Peter Niemczura, Kenneth Noel.



ORS • JUNIORS • JUNIORS • JUNIORS • JUNIORS

Susan O'Donnell, Alan Oldershaw, Linda Orr, Mark Osborn, Michael Owen, Lynn Page, Jacquelyn Parker, Howard Paul, Thomas Perron, Ellen Perry.

Mike Piccus, Bill Pickering, Brian Piedmont, Janet Pratt, Marsha Prior, Candy Prout, Ursala Rabe, Philip Raush, Mary Jane Richardson, Rebecca Rintala.

Maria Roberts, Amy Robinson, Victor Robinson, John Robinson, Jacqueline Rochford, Melissa Rohde, Christine Rolander, Valerie Ross, David Rotman, Elizabeth Russell.

Cindy Ryznic, Marianne Ryznic, Karen Saheed, Erica Salzmann, Gayle Sanders, Beth Sawyer, Anna Scheffey, Frances Schwartzberg, Michael Serouck, Janna Sevoian.

Rachel Shanor, Cynthia Shaw, David Shepard, Deborah Sherman, Maryanne Sienkiewicz, Clifford Skibinsky, Bill Slate, Thomas Slocombe, Bruce Smith, Kevyn Smith.

Timothy Smith, Jonathan Smyser, Ed Stanisiewski, Gary Stanitis, Mark Steinbergs, Sally Stewart, Patty Stone, Mark Stoneham, Staley Stosz, Johnny Strickland.

JUNIORS

John Sullivan, Diane Supernaut, Tony Sze, Bill Tarmey, Donna Thayer, Claire Thompson, David Thorton, George Tobin, Mary Trompke, Sean Troutner.

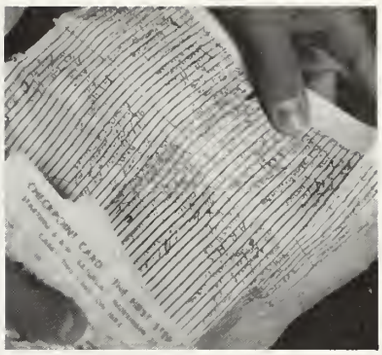
Ellen Tucker, Patricia Tyler, John VanderZwagg, Edward Vendette, Tom Venman, Jim Warren, Roberta Warriner, Janet Weaver, Christine Webster, Kenneth Wheeler.

Isabel Whiston, Carla White, Caol White, Ellen White, Janet White, Suzanne Whitney, Dennis Whittemore, Rosalyn Wiggins, Karen Wilcox, Michael Wilkins.

Janice Wilkinson, Laurie Wolf, Jessica Wolff, Daniel Woodard.

JUNIORS NOT PICTURED

Douglas Blattner, Barbara Brockway, Jennifer Chastian, Anne Claunch, Douglas Cuomo, John Darling, Gabriela Fernandez, Jonathan Field, Lee Ann Hall, Melvin Harvey, David Hunt, Kevin Jones, Ronald Larson, Steven McCormick, Laura O'Connell, Jim Ostendarp, Mark Parker, Raoul Roach, Anne Schuler, Martha Schwartz, Mark Simpson, Kevin Skelly, Jim Supernaut, Paul Thorton, Richard Tornes, Dean Whitney.



SOPHOMORES

Charles Allen, Scott Ambs, Don Anderson, David Aubry, Karen Bak, Susan Barker, James Barr, Bonnie Barrows, Lesley Bartus, David Bernstein.

Carl Berquist, Craig Berquist, Christine Berry, James Bias, Cathleen Bishop, Deborah Black, Suzanne Blanchard, Martha Boluch, Anthony Bond, John Bonsignore.

Andrew Boothroyd, Janet Boothroyd, Stephen Bosley, Judith Bragg, Robert Brandts, Aaron Britt, Christopher Britt, Cynthia Brown, John Burak, Andrew Burke.

Michael Burke, Denise Carey, Michael Carey, Tim Carlisle, Sara Carlozzi, Stuart Carpenter, Daniel Cetto, Peter Chametzky, Charles Chandler, Nadine Chien.

Lisa Ciavatta, Vincent Cleary, Bruce Cleveland, Lynn Cleveland, Paul Clevenger, Paula Cobb, Christopher Collins, Mark Conlon, Michael Connelly, James Cook.

Ruby Costigan, Mary Coty, Annette Creekmore, Karen Cromack, David Dalton, Karen Damerell, Janki Darity, Linda Davies, Matthew Davis, Allen Dean.

SOPHOMORES

Beth Decourcey, Roger Delgardo, Richard Denesha, Philip Denyse, Aleck Desmond, Charles Dodge, Geraldine Dorman, Mark Dowell, Clark Drake, Nancy Drake.

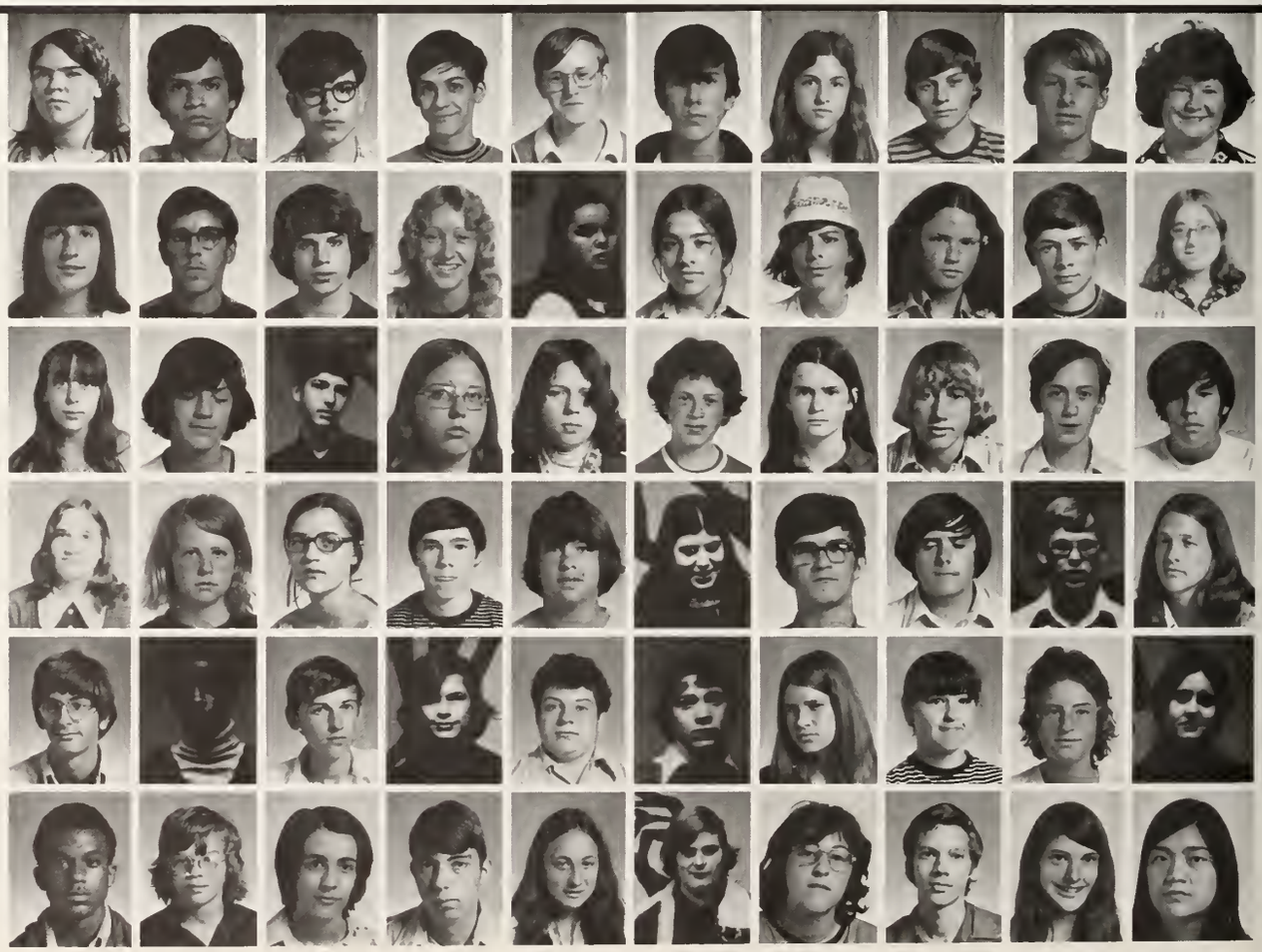
Karen Dzendolet, Thomas Eddy, Stephen Elder, Karen Elliott, Maria Espinel, Judith Fagerson, Charles Fairhurst, Barbara Fariss, Richard Fay, Anne Feaster.

Teresa Filios, Daniel Fisk, Scott Fitzgerald, Ellen Flight, Mary Foley, Daniel Ford, Margaret Ford, Peter Fowler, Christopher Franklin, Daniel Frazier.

Cathy Freeman, Thomas Freisem, Elizabeth Freytag, Lewis Fuller, Victor Fusia, Laura Gardner, John Gawienowski, Alan George, Jeffrey Gervickas, Elizabeth Gettier.

John Gibson, Anthony Glenn, Peter Goodhind, Peter Gordon, Francois Gowin, Christopher Gray, Deborah Griswold, Andrea Hall, Kay Halpern, Lorna Halstead.

Joseph Harris, Christopher Hasbrouck, Ann Hastings, Glen Hawthorne, Kathryn Hayes, Robert Heronemus, Janet Holesovsky, Joseph Holmes, Cynthia Horne, Florence Houn.



SOPHOMORES ■ SOPHOMORES ■ SOPHOMORES

Andrew Howard, Pam Howes, Amy Hubert, Gerald Janovitz, Genia Jessen, Lawrence Johnson, Diane Keedy, Francis Keenan, Lori Kellogg, Clifford Kelly

Barbara Kennelly, Robert Kenny, Terese Keohane, Joy Keyes, Lee Ann Kielbowicz, Kathy Kimball, Kathleen Klein, Saragrace Knauf, Jamie Koehler, Anthony Kundert

Luann LaClaire, Susan LaClaire, Verna LaClaire, David LaFrance, Rick Lambert, Heidi Laufman, Elizabeth Laurenson, Ronald LaVerdiere, Lisa Lee, Cynthia Lenz

Lee Ann Leonard, David Levin, Richard Lewison, Amy Longsworth, Robert Lord, Cathy Louttit, Janet Lyman, Barbara MacDonald, Jane Mahar, Thomas Maisner.

Lauren Mann, Deborah Marion, Michael Marko, Colleen Marley, Michael Mascis, Panaciotis Massaras, Kathleen Matthews, Michael Matusko, Michele Matusko, Maria Mauldon.

Kathryn Maxson, David Maynard, David Mazor, Morval McClure, Debra McConnell, Sandra McGill, Richard McGinn, Linda McKemmie, John McLaughlin, Andrew McNeal

SOPHOMORES

Craig Merrill, Gayl Mileszko, Jean Moores, Terri Moriarty, Brian Morton, Perry Moss, Ellen Newcomb, Peter Nicolay, Anthony Nobbler, Eileen O'Brien

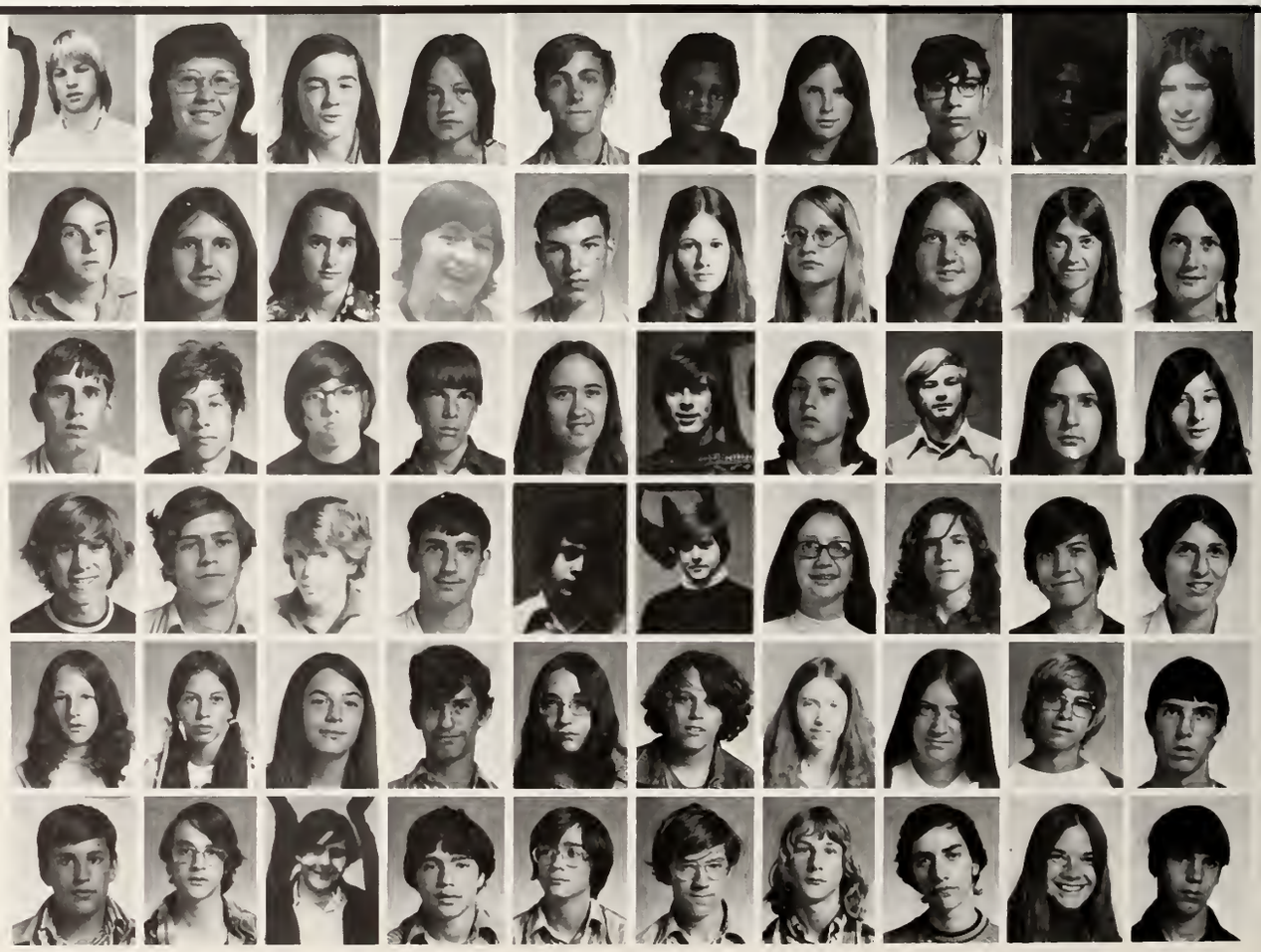
Ann O'Connor, Theresa Olanyk, Kathleen O Neil, Michael Orr, Donald Orrell, Jennifer Osborn, Anneliese Ostendarp, Robbin Paul, Carol Peene, Donna Pelkey

Peter Perchak, Curtis Peterson, Randy Phillips, Sterl Phinney, Katrina Picha, Donald Pitkin, Thomas Portor, Mark Powers, Norma Pratt, Teresa Pratt.

Alan Progulske, Thomas Quarles, Keith Quinton, Gary Rehorka, Matt Ripa, John Robinson, Nancy Rogers, David Romer, Kenneth Ross, Rachel Beth Rudman

Darlene Ryznic, Robbin Ryznic, Pamela Sabey, Michael Sacco, Liz Scanlon, Stephen Schwartz, Pamela Schwartzberg, Karen Sheerman, Seth Sherwood, Leon Shumway

Paul Shumway, Mark Siddall, David Simmons, Michael Skelly, Andrew Smith, David Smith, Todd Snyder, Conrad Soons, Martha Southworth, Stephen Stosz



SOPHOMORES • SOPHOMORES • SOPHOMORES

Thomas Stratford, Abigail Sunderland, Lisa Tarmey, David Thayer, Douglas Thayer, Anita Thompson, Holly Thorton, Kathleen Thorton, Neil Towson.

Aaron Trehub, Diane Truehart, Glen VanPeski, John Vassallo, Richard Vassallo, Susan Venman, Thomas Vinskey, Erich Von Staats, Henry Walas, James Walas.

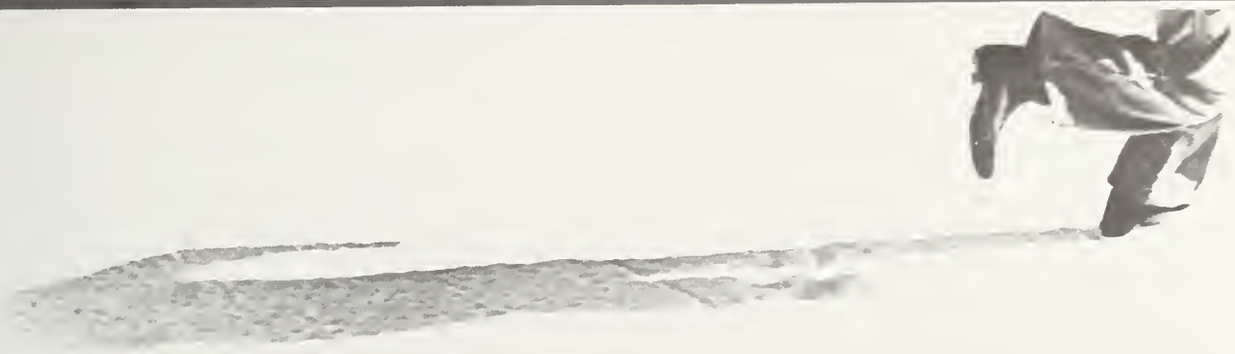
Michele Walas, Jonathan Waldron, Jane Waskiewicz Barbara Webb, Jill Weinstein, Laura Wellman, James Wentworth, Elizabeth Weston, Donna Whitcomb, Donna Whittemore

James Wiley, Alexander Will, Rebekah Williams, Kim Wilson, Daniel Winslow, Vivian Winters, Jeremy Wolff, Debra Young, Dana Zartman, Lisa Zern.

Paul Ziomek, Peter Ziomek

SOPHOMORES NOT PICTURED

Gerard Alterisid, Timothee Bartlett, Doug Buck, Baxter Bullock, Thomas Burke, Christine Cahill, Nelida Candelario, Elgardo Candelario, Thomas Clark, Reginald Color, Kathleen Curran, Patricia DeCoud, John Fenton, Donald Gardner, Jim Glazier, John Harrelson, John Heath, James Jerome, John Jerrigan, Sharon Jones, Elizabeth Kroon, Katheryn Lukralle, Kevin Longto, Douglass MacLeod, Norman Phillips, Terri Pike, Scott Riemer, Priscilla Robinson, Parnell Rogers Robert Seyfert, Pamela Sisto, David Smith, Bill Sze, Peter Teraspulsky, David Whitney, Naava Zohar



School Life

Maybe tomorrow it will be that way again.

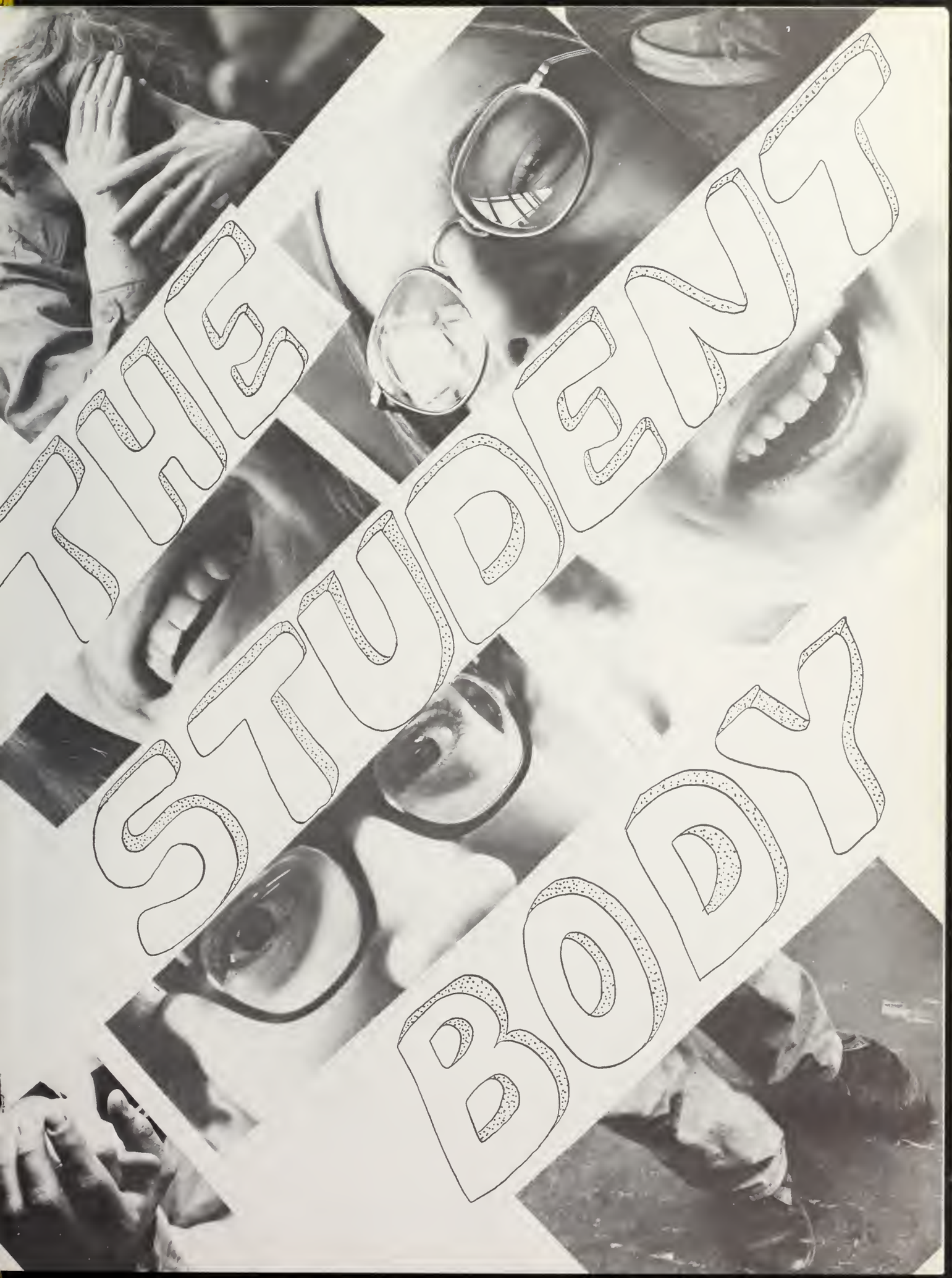
Or maybe if I want it that much, it will be that way again today.

Right now it seems like the past, and that's where it's going to stay.

When I stop and think about going to my own field and just running and jumping with the clouds, I'm almost there again.

Away in my own little world with no cares or worries, and that's where I want to be.

Maybe tomorrow.
Sue Fowler


THE
STUDENT
BODY

a is for

artic cats

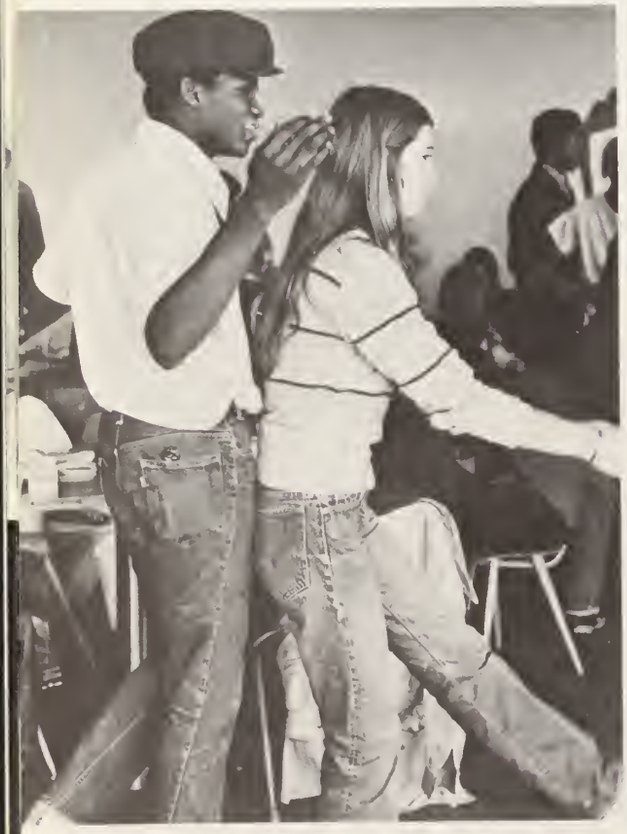
alley boys

advisor

auto mech

arhs

busses



bump

bazaar

bottles

backpacks

C is for:

cafeteria

cigarettes

clowning

computers

cakes

crutches

dogs

d is for:

dissecting

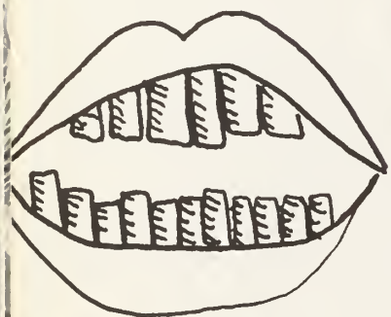
disgusted

drivers ed.

dickin' around

drinking

E is for eat



F is for:

friendship

fun

finger

g is for:

Gym

hugging

irls room

Giggles

home ec.

H is for

hair

Guidance

Graphic arts

hallway

I is for:

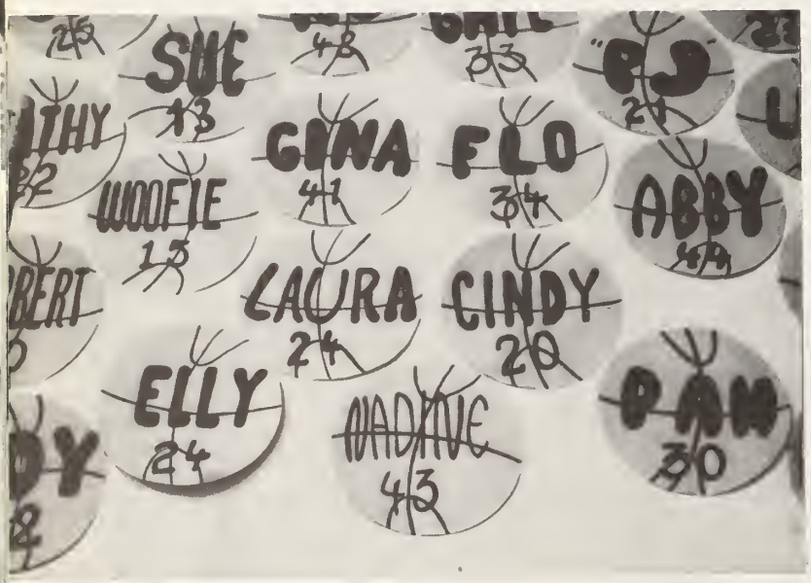
industrial arts
i.p.c.
immature

J is for:

jocks

joy

joints



Killing time

K is for: Kevin

Library

USIC

is for sometimes

just doing nothing

O

the pub

quench

Orange cards

outward bound

office

open campus

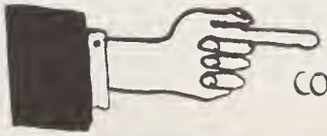
peek-a-boo

guest phase

preschool prom

Q

: queen



to be continued

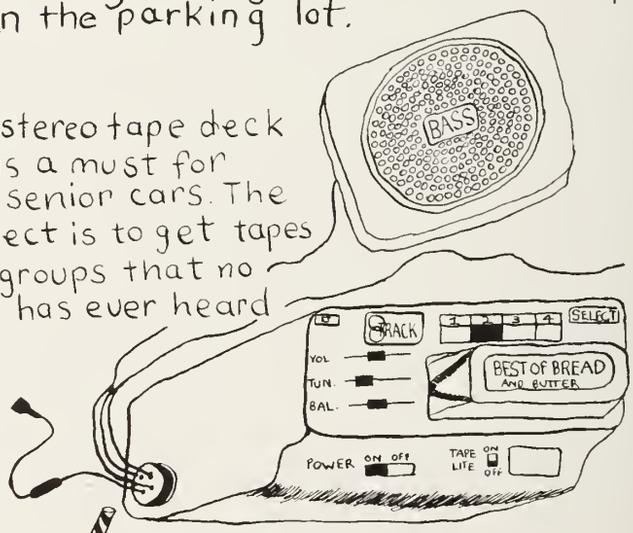
SO YOU WANNA BE A

If you are a senior at A.R.H.S., you have to drink, Either you drink and tell everyone, or you drink and don't tell everyone, or you don't drink, and tell everyone you do, or else you don't touch a drop, don't tell anyone anything, and everyone thinks you do because you are so wierd.

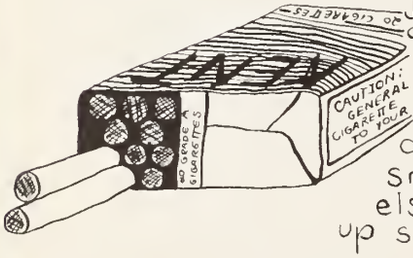
All seniors have cars. Either you have a junk-type jalopy (a '66 Valiant) or else you have a new slick car. (a '70 Firebird) True seniors spend most of the day sitting in their cars, out in the parking lot.

Most seniors still eat pizza, which is a habit which was developed earlier in high school. The difference between seniors and other students, is that the underclassmen tend to hang around the pizza parlour.

A stereo tape deck is a must for all senior cars. The object is to get tapes of groups that no one has ever heard of.

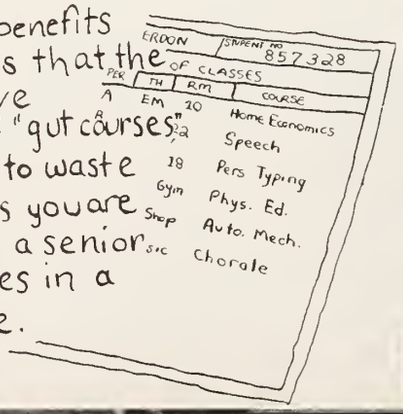


Smoking is a habit one picks up in the Junior High. One generally smokes when one enters. But by the time one is a senior, one doesn't smoke at all, or else one has taken up smoking other things.



Besides eating pizza, many seniors, after finally getting fed up with school lunches, will make a trip to McDonalds for lunch. While there, they will most probably be served by juniors, who are working to earn their right to become seniors.

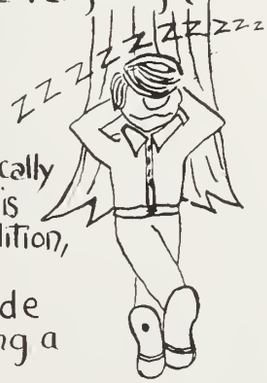
One of the many benefits of being a senior is that the schedule you have consists mainly of "gut courses" designed for you to waste your time. Unless you are very "gung-ho", a senior never participates in a difficult course.



Though not necessarily classified as jocks... many seniors participate in at least one, probably two, sports, and all seniors win at least one letter, mainly because a letter is given to all seniors.

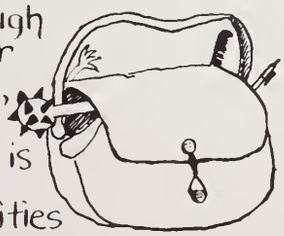
SENIOR?

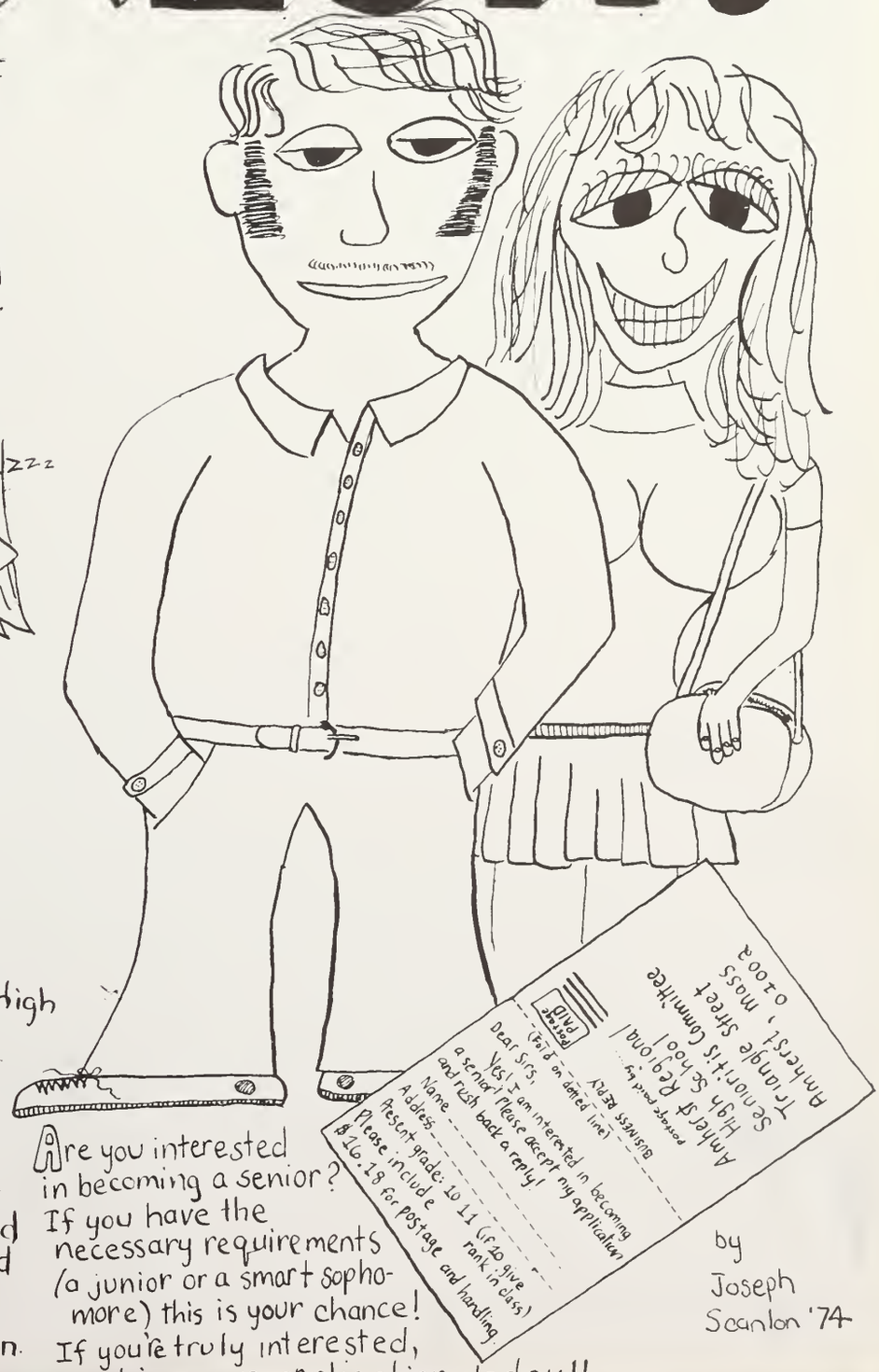
One of the best pastimes of a senior is "going out" with some one. It is most common to find seniors going with younger students preferably sophomores, or even freshmen. It is quite a rare occasion to find two seniors going together, unless they are members of the very high class.



Another past time of many seniors is doing nothing, scientifically called: "Senioritis Loiterous." In this condition, the senior is found sitting around inside or out, mostly during a class, not really accomplishing anything, thus taking on one of the main characteristics of a Senior: Laziness!!

Girls in the high school develop a habit, in Junior High of carrying a pocketbook. This habit continues right through their days, until the senior when book is pocket with so filled necessities assorted and remembrances. It can be a hazard as well as a lethal weapon.





Are you interested in becoming a senior? If you have the necessary requirements (a junior or a smart sophomore) this is your chance! If you're truly interested, send in your application today!!

by Joseph Scanlon '74

MICHAEL E ABRAMSON Baseball 10 11 12 Basketball 10 11 12 Graphic 11

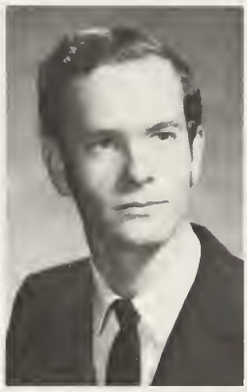
PAT AHEARN Graphic 12 Baseball 10 11 Football 10 11 12 Wrestling 10 11 12 Friday Night Club 12

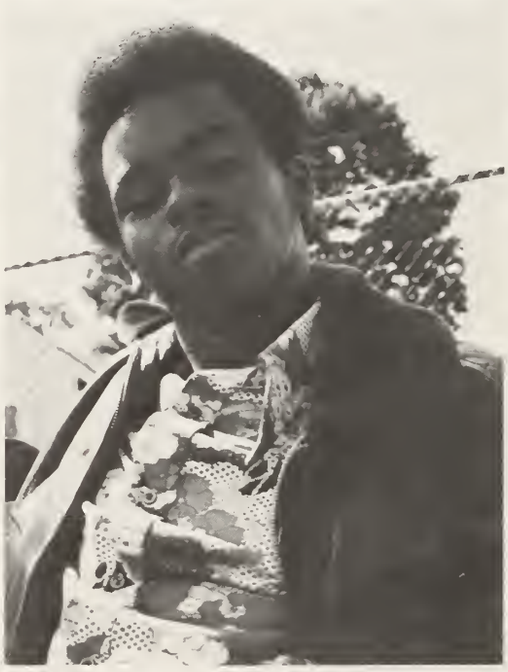
BRUCE ALDRICH

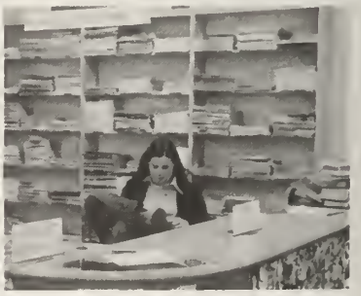
GERALD ALDRICH

DENNY ALLEN Chess Club 10 11 Advanced Outward Bound 12

STANLEY ALLEN National Honor Society pres. 12 Outing Club 10 exec. com. 11 12 Stage Crew 10 master carpenter spring 11 12 Thespians 11 12 Gymnastics 10, Ski Team 10 11 co-capt. 12. Soccer 10 11 12 Tennis 10 Amherst Bozo s Spring Soccer 11







MARTY BACH

MARTY BAK National Honor Society Ski Club 10 11 12 Baseball 10 11 12 Ski Team 10 11 12 Soccer 10 11 co-capt. 12 Second Team All League 12 American Legion Boys State 11

DOUG BAKER Auto Club 10 Rod & Gun Club 10 11 treas. 12 Basketball 11 Football 10 11

VALERIE ANN BARBER Business Careers Club 12 Cheerleader 10 11 12 Goldbug 11 Pep Club 10 11 12 Ski Club 10 Tri-S 10 11 12 B.F. 10 Y.B.F.A.L.G. 11 12

DEBRA BARKER Chorus 11 Ski Club 10 11 Tri-S 10 11 12 Ski Team 11 Tennis 11 12

CHRIS BECKETT Outing Club 10 11 12 Key Club 11 Ski Club 10 11 12 Gymnastics 10 11 LaCrosse 10 11 12 Soccer 10 11 12 Squash 10 11 12 Amherst Bozo s Spring Soccer League 11

ROGER BOUCHER
Student Council 10, Cheerleader 11, Football 10,11 Honorable Mention All League 12, Track & Field 10 11 12 Wrestling 10,11, tri-capt 12, Friday Night Club 11 12

GARY BRAND A-V Club 10 11, Rod & Gun Club 10, 11 Hockey mgr 12, Soccer 10,11,12

ANGI BURCH Chorale 11 12 Goldbug 11 Morning Announcements 11, Pep Club 10,11, Ski Club 10 11 Tri-S 10 11

JON BURGESS Outing Club 10 11 12 Soccer 10 Track & Field 11,12, Wrestling 10

CYNTHIA BURKE

MICHAEL S BURKE
Band 10 11 Soccer 10 11

SANDRA JUNE CAMPBELL Business Careers Club 11,12, Chorus 12, Ski Club 10,11 Tri-S 10 11,12 Belchertown Volunteer 10, 11,12.

RUSSELL R CAMPION
Baseball 10,11 12, Basketball 10, All League All Western Mass 11, capt. 12

JOSE RAMON CANDELIARO Trans from Puerto Rico and Holyoke Biology Club 10 Math Club 10 Medical Careers Club 10 Basketball 10, Softball 10 11 Volleyball 10 Spanish Club 10

BONNIE CAPEN

PATTI CAREW

CHERYL E CAREY
F H A v -pres. 10 pres 11 12 Education may polish the minds of men but only the blood of Jesus Christ can cleanse them

MARK CARLISLE Ski Club, Soccer, Belchertown State School Volunteer

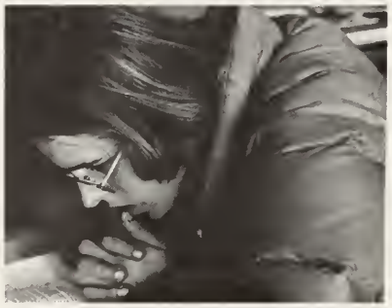
CHERYL CAVANAUGH

RICHARD H CHAMBERLAIN
National Honor Society co-v.-pres. 12 Student Council 11,12, Outing Club 10,11,12, Ski Club 10,11 12 Key Club pres 12 Gymnastics 10,11, co-capt 12 LaCrosse 10,11, 12, Soccer 10,11, co-capt. 12.

ROBERT CHAMETZKY
Student Council 12
Student School Com 12,
As Schools Match Wits 12, Graphic 12, Basketball 11,12
Not Pictured

ALAN CHILDS
Not Pictured

JOHN CHISOLM



PHYLLIS CHITTUM
National Honor Society, Chorus 12, Goldbug 11, Graphic 11, Outing Club 11, Pep Club 11, Tri-S 11, Basketball mgr 10, Field Hockey 10,11

SUZANNE GAIL CICIA
Pep Club 10,11,12, Business Careers Club 10, 11,12, Cheerleader 12.

KATHERINE ANN CLARK
Outing Club 10,11,12, Pep Club 10, sec 11, Student Council v-pres 11,12, Tri-S sec 12, Cheerleader 11, Chorus pres. 12, F T A. 12, Class Vice President 10, Girls State 11, Girls Nation Semi-Finalist 11, Class Marshall 11

EARL CLEVELAND
Not Pictured

DAVID CLEVENGER

RAY COLE: National Honor Society, Thespians 11, v.-pres 12, Morning Announcements 12; Outing Club 12, Stage Crew 10,11,12, Chorale 12, Swim Team 10

PAMELA A COOK

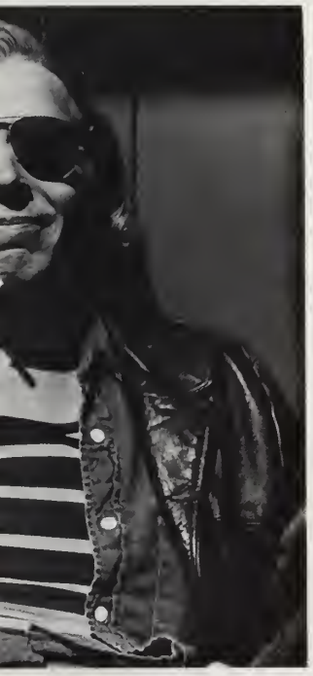
MIKE CORCORAN
Hockey 10.

NAN CRAMER. Chorus 11,12, Ski Club 10,11,12

WILLIAM G CRITES.
Radio Club 12 Key Club Treas. 12, Cross Country Ski Club 12, Soccer 12.

WILLIAM CROOKER

DAVID CULBERTSON
National Honor Society, Biology Club 10, Chorale 12, Debate Club 11, Outing Club 10,11,12 Ski Club 10,11, Soccer 11 12, Squash 11,12, Tennis 10 11 12, Wrestling 10.



CELIA CUOMO
Not Pictured

JOHN DALTON

SARAH DARLING: Band 10; Basketball 10,11, Field Hockey 10,11, Softball 10, Track and Field 10,11

JOHN DAVIS

ANN DeCOURCEY
Outing Club 10, exec. com 11,12, Chorus 11,12, Stage Crew 10,11,12, Thespians 12, Tri-S 11,12

ST GEORGE
Goldbug 12, Morning Announcements Club 12 Nat'l Honor Society 10-12

DANA DELANEY

BENJAMIN DEMOTT

VICKI DEMPESY At times of deep depression, remember Vick s crazy giggle and – **crack up!!!**"

VINCENT DEPILLIS

EMILY KATHERINE DIHLMANN Business Careers Club 11,12, Morning Announcements 10,11,12, Pep Club 12, Chorus treas. 11, Chorale treas 12, Goldbug 10,11, Faculty and Business Ed. 12

HOLLY ANN DILL Cheerleader 11 12, F H.A sec 10, Goldbug 10,11 Morning Announcements 10,11 12 Ski Club 10,11 12, Tri-S 10 11 12, Basketball 10, Volleyball 10,11

KAREN DODGE Outing Club 11,12, M Q H A 10, 11,12, N E Q H.A 10 12, A Q H A 10 11 12, Tally-Ho 4H Club 10,12

CHARLES DOHERTY Not Pictured

SCOTT DOUBLEDAY

SUSAN J DURFEE Hockey Cheerleader 12, Tri-S 11,12

MARTHA EPSTEIN National Honor Society, sec. 12, Student Council 10,11,12 Ski Club 10,11, Ski Team 11,12, Tennis 10, 11, Community Resource Committee 11

SAMUEI EPSTEIN

PEARL EWELL

THOMAS FOREST FARB
National Honor Society, Springf. Reg. Advisory Council, Chairman 11 12, Student School Com. Ch. 12, Debate Club 10, v.-pres. 11, pres. 12; French Club 10, Pres. 11 & 12, Nat'l Science Foundation Award 11, Morning Announcements 10,11,12, A-V Club 10

MARCY A. FARRELL
Field Hockey 10,11,12; Volleyball 10, Basketball 10,11; Softball 10,11,12, Outing Club 10.

JAMES FAWKNER

PETER F. FENG: Baseball 10,11,12; Friday Night Club 11,12.

JONATHAN FIELD:

MARY FRANCIS FITZPATRICK: Chorus 10,11.

DAVID FLIGHT: Class President 10,11, French Club 10,11, Goldbug 11, 12; Graphic 12, Morning Announcements 10, Outing Club 11, Ski Club 11, Stage Crew 10,11, Soccer mgr. 12; Squash 12.

DAVID A. FORD:
National Honor Society; treas. 12, Band 10, pep band 11,12, Stage Band 11, 12, Debate Club 11, Orchestra 12; Outing Club 11,12, Student School Com. 11

EDMOND FORD
National Honor Society, Debate Club 10,11, sec. 12, LaCrosse 11, Wrestling 11, 12

LORENA FOSTER:
National Honor Society; A.F.S. 11, Outing Club 12, Chorale 10,11,12, Ski Club 10,11,12, West. District Chorus 11,12, National Merit Scholarship Semi-Finalist, French V Award 11

MICHELLE FOURIER
National Honor Society, A.F.S. 11, Goldbug Ed.-in-chief 12, Latin II Award 11.

SUSAN FOWLER.

DAPHANE FRASER
National Honor Society Chorus 12, Outing Club 12, Folkdancing 10,11

DAVID FREIBAND
National Honor Society, Chess Club 10,11,12, Chess Team 12, Outing Club 10,11,12, Ski Club 10, Gymnastics 11, Soccer 10,11, Squash 12.

SCOTT FRENCH Debate Club 11 French Club 10, 11, Graphic 11 Basketball 10, Soccer 10, Squash 12, Tennis 10,11,12.

ELIZABETH FRIEDMAN National Honor Society, A.F.S. 11, Goldbug 10, Section Ed 11, Stage Crew 10, House Props mgr. 11.

JONATHAN FULLER
National Honor Society As Schools Match Wits 12, A-V Club 11, Chess Club 10,11 Debate Club 10,11, Morning Announcements 10,11, Stage Crew 10,11 12 Nat'l Merit Semi Finalist, Goldbug Photography.

KATHERINE S GARDNER
Not Pictured

JUDITH A GILBERT
Business Careers Club 11, 12, Hockey Cheerleader 12 co-capt., Goldbug 10,11 Pep Club 10,11, sec. 12, Tri-S 11,12.

JERRILYN M GLAZIER
Business Careers Club 10, 11,12, Pep Club 10, co-pres. 11,12.

LINDA L GLAZIER
Business Careers Club 12, Pep Club 10, Co-pres. 11, 12, Volleyball 10.

DAN GOLDEN: National Honor Society, "As Schools Match Wits" 10, Chess Club 10,12, Chess Team 12, Debate Club sec. 10, pres. 11, Morning Announcements 12, Tennis 10.

ARTHUR GOODHIND
Baseball 9-12, Football 12

DIANE GORALSKI
Business Careers Club 11, 12, Cheerleader 11, co-capt. 12, Pep Club 11,12.

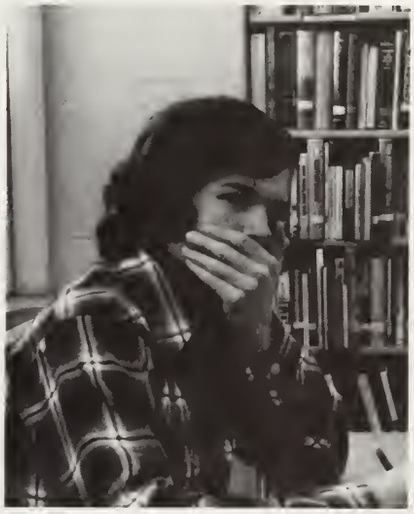
TIMOTHY T. GRADY
Band 10, Equip. mgr. 11, Publ. mgr. 12, Cross Country Ski Club 12, Outing Club 12, Football 10,11,12, co-capt., All League Guard 12; Track and Field 10,11,12.

BARRY L. GRAHAM
Football 10,11, All League Honorable Mention 12; LaCrosse 11,12, Wrestling 10,11,12.

MARGARET GROSE

JAMI S. GULKO

MARY GURSKI
Cheerleader 11,12, Pep Club 11,12.



KATHERINE HAFNER.
National Honor Society; Chorus 10, Morning Announcements 10,11; Thespians 10,11, Tennis 10,11; Speech Team 10,11

MARK HALL. Football 10, 11,12, LaCrosse 10,11,12; Wrestling 10,11.

PATRICK HALL: Football 10,11,12; Hockey 10,11, 12.

KATHARINE HALSEY:
Goldbug 12; Pep Club 10, 11,12; Swim Team 10; Tennis 10,11,12; Volleyball 10,11,12.

TOM HANCOCK:

RICHARD HANKS

SARAH HARPER
Chorale 12, Chorus 11, French Club 10 Goldbug 12 Graphic 12 Outing Club 10, Exec Com 11 12 Stage Crew 10,11 12 Thespians 10,11 pres 12 Tri-S 10 Girl Spv 10,11, 12 Goldbug school life editor 12.

STEPHEN M HASBROUCK National Honor Society Key Club v pres 12 Outing Club 11 Pep Club 12 Soccer 10 11 12 Wrestling 10,11 capt. 12

ELIZABETH HASTINGS
National Honor Society, Outing Club 10,11,12, Track & Field 11

KIMBALL HASTINGS

MAUREEN HAYES Pep Club 11 Tri-S 11

CAROL HEATH Business Careers Club 10,11,12, Tri-S 12 Volleyball 10,11 12.

BARBARA HEBB Chorus 10,11 12 Pep Club 12, Basketball 10,11,12, Softball 12, Tennis 10; Volleyball 10,11 12.

TOM HOLESOUSKY
Not Pictured

PETER HOLMES:
Not Pictured

SUSAN ANNE HOWARD: National Honor Society, Basketball 10,11,12, Field Hockey 10, 11, co-capt. 12, Golf 11 12 Softball 10, Tennis 10, Volleyball 10,11 12, Badminton 10,11,12

CHRISTOPHER HUNTER National Honor Society Class Treasurer 10 Outing Club 12

HUBBY JACKSON
Football 10,11, co-capt. 12, Wrestling 11,12, Track & Field 10,12 Rod & Gun Club 10 11 12

ALAN H JENKS

ANNA JUDSON

MARC KEENAN Outing Club 10,11,12, Stage Crew 10,11, Basketball 10, Track & Field 10,11,12.

RICH KELLOGG: Class President 12, Football 10, 11,12, Baseball 11,12; Rod & Gun Club 10,11,12, Cheerleader 11

MARY E KENNELLY

JANE KEYES Goldbug 11, Ed-in-Chief 12, Pep Club 10,11,12, Basketball 10,11,12, Field Hockey 11, capt 12, Softball 10,11,12, Volleyball 11, 10-4 Club 10,11,12, N.H S. 11,12.

LAUREN KIELBASA

KIM KNAUF German Club 10, Field Hockey 12, Cheerleader 12,10.

RICHARD KNAPP:

SHANNON KNIGHT A.D.T., Swim Team

JENNY KOEHLER National Honor Society, Chorale 12, Chorus 10, Collegium Musicum 12, Stageband 12, Girls State Alt. 11, French Aide 11,12

LAURA KOLASINSKI

BRENDA KOLDY

PAUL KOSLOSKI

HANK W. KUMMERLE

ROBERT LACLAIRE.

CHERIE LAFRANCE
Chorus 10, Chorale 11,12, Pep Club 10,11 12, Tri-S 10,11,12; Cheerleader 11

WILLIAM CHARLES LAMBERT Chorale 12, Cross Country Ski Club 12, Key Club Outing Club 10,11 12 Pep Club 12, Stage Crew 10,11 12, Thespians treas. 12, LaCrosse 10,11 12, Soccer 10,11,12, Squash 12 Wrestling 11

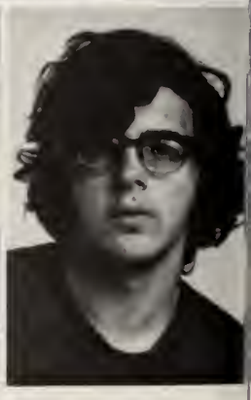
ALEX LANKOWSKI Rod & Gun Club 11,12. Not Pictured

JAMES LAPRADE: National Honor Society, Band treas. 10,11, mgr. 12, French Club 11,12, Stage crew House mgr. 11,12; Student Council 10, Pep Band 11,12, 10-4 Club.

LOU ANN LASHWAY:

JEAN LAUDER: Chorus 12, Goldbug 11, Outing Club 10,11,12, Pep Club 10,11,12, Stage Crew 11, 12; Thespians 12; Tri-S 10, 11,12

LINDA L. LEBERSKI



ANDY LEE Outing Club, Hockey

BRYA LEE.

CANDACE LEE. Chorus 11, Outing Club 10,11,12, Tri-S 12 Squash 12, Swim Team 11. Track & Field 11, 12, 5 College Folkdancing Performance Group, Amherst Jr. Figure Skating Club Sec. Pres.

WILLIAM LELAND A-V Club 10,11, Ham Radio Club 11,12.

MOLLY LEMERIS A-V Club 10; Ski Club 10,11, Tennis 10,11,12.

MARK LEONARD Rod & Gun Club 10,11,12.

MARY ELLEN LESSARD Business Careers Club 12, F.T.A. 12, Goldbug 10,11, 12, Pep Club 10,11,12

EILEEN FAITH LEWISON Cheerleader 10,11, Chorus 11, Pep Club 10,11, Ski Club 10, 11,12, Tri-S 10,11,12. N.M.S.Q.T. Commended Student Award 11. Wrestling 11,12

JOSHUA LIEBERMAN: National Honor Society, Debate Club 10, Outing Club 10, Exec. Com. 11,12, Soccer 10,11,12

ADAM LIEBLING: Not Pictured

WEN LIN National Honor Society, German Club 11, Graphic 12, Key Club 12, Outing Club 10,11,12, Ski Club 11, Golf 10; Soccer 10,11,12, Squash 11,12, Tennis 11,12.

DOUGLAS LOGAN Key Club 11, Ski Club 10,11, Baseball, Football, Swim Team 10.

ROBERT S. LOUTTIT Key Club 12; Soccer 10,11

THOMAS LUCAS: Rod & Gun Club 11,12, Baseball 10.

MARK LUDTKE.

LANCE LUNDBERG: National Honor Society v.-pres. 12, As Schools Match Wits 11, Debate Club 11,12, Graphic 12, Key Club 11, v.-pres. 12; Soccer 11,12, Squash 10, 11, capt. 12, Tennis 11.

MATTHEW M. LYON

ROBERT B. MACLEOD: National Honor Society, French Club 10, Golf 11, Soccer 10,11,12, Squash 12, Wrestling 10,11

ESTHER MANIO: Chorus 12, Goldbug 11, Tri-S 11

ETHAN MANN: Outing Club 10,11,12, Swim Team 10,11,12

PATRICIA MARY MASCIS: Class Secretary 10,11,12, Cheerleader co-capt. 10,11, capt. 12, Goldbug Act. Ed., Photography 12, Pep Club 10, 11,12, Ski Club 10,11, Tri-S 10, treas. 11, pres. 12, Belchertown Volunteer 10.

CAROL MATHIESON: A-V Club 10, Chorus 12; Outing Club 11, Pep Club 10,11,12, Ski Club 10,11, 12, Tri-S 10,11, Track & Field 10.

DANIEL MATUSZKO

KEN MCCORMICK: Orchestra 10,11,12; Outing Club 11,12.

KATHRYN MCGILL: Goldbug 11; Outing Club 12; Stage Crew 11

BRIAN D. MCCULLOUGH: Chorale 10,11,12; ACTV Public Relations 11.

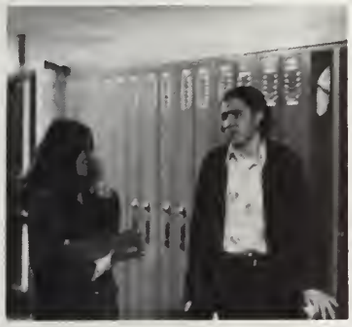
DAVID M. MCKEMMIE: Rod & Gun Club 10,11,12.

ELIZABETH MEADE

CAROL J. MILLEN: Class Vice President 11,12; Chorus pres. 11, Chorale 12, Goldbug 10,11, 12, Morning Announcements 11,12, Outing Club 10,11,12; Ski Club 10,11, Stage Crew 10, 11, Student Council 10,12; Thespians treas. 11,12; Tri-S 10,11; Thespian Acting Award 11,12; Play Cast 10,11,12.

TRINA MELNICK

JULIE ELLEN MELROSE: Band Cirr. Com. 10, publ. mgr. 11, uniform mgr. 12, Chorale 10, libr. 11, v.-pres. 12; Stage Crew 10,11,12, Thespians 10,11, sec. 12, Play Casts 10,11,12, Pep Band 11, Stage Band 11, Woodwind Ensembles 11,12; West. Mass. District chorus 12.



ROB MYER: "As Schools Match Wits" capt. 12; Chorale 12, Graphic 12; Stage Crew 10,11,12, Student Council pres. 12, Thespians 10,11,12

JOSEPH MITCHELL: Rod & Gun Club 10,11,12, Football 10,11,12, Track & Field 10,11,12

CHRISTOPHER MONER

STACEY MORIARTY

GILBERT L. MOTTLA: Key Club 12, Ski Club 10, 11,12; Ski Team 10,11,12, Soccer 10,11,12.

PAUL MOTTS: Cross Country Ski Club 12, Bicycle Club 10.

LAURA B. MYERS
National Honor Society
French Club v.-pres. 11,12
Goldbug 11, Stage Crew
10,11

GREGORY J. NEPTUNE
Goldbug 12, Soccer 10,11
Track & Field 11
Wrestling 10,11

DENNIS NEWELL Cross-Country 10,11 co-capt. 12, Track & Field 10,11,12

CATHERINE NOVAK

JOHN NUTTING

LOREN OAKES

JEAN OBERLANDER
Graphic 11, Outing Club 11, Exec. Com. 12, Stage Crew 10,11,12, Thespians 11,12, Tennis 12

DEBRA O'BRIEN
Not Pictured

MARY K. O'BRIEN
Chorale 11,12

STEPHEN O'BRIEN

EILEEN O'CONNOR
Outing Club 10,11,12, Exec. Com. 11,12, Ski Club 10,11,12, Stage Crew 10, 11,12, Thespians 11,12, Tri-S 10,11,12, Goldbug, School Life Ed. 12, Girl Spy 10,11,12

JOHN ORRELL

JIM PAGLIARO.

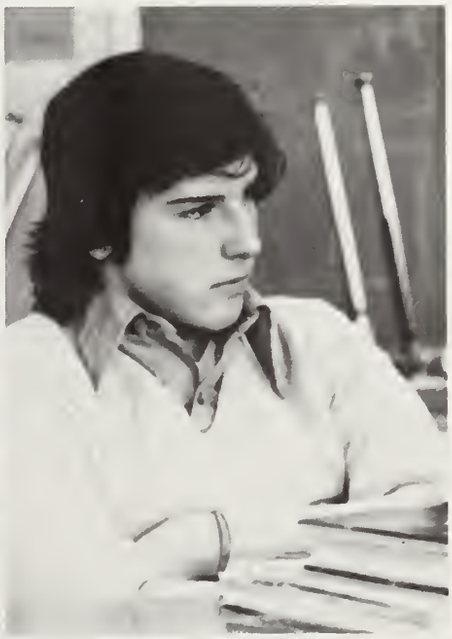
JOHN A. PATRIGUIN

JERYL PAUL.

KENNETH PAULIN

LYNN PENZA
Cheerleader 10,11,12. Pep Club 10,11. Ski Club 10, 11 12. Tri-S 11,12.

JEFFREY STEPHEN PERCHAK National Honor Society Graphic 12 Pep Club 11,12. Baseball 10. All League 11 12. Basketball 10,11,12



PAULA S. PERHONIS. "I plan to contact all my ol' Amherst High buddies the day I reach five feet!"

BRYAN PLUMSTEAD
National Honor Society: Hockey 10,11,12.
Not Pictured

WENDELL M. PRIOR

DONALD PROGULSKE
National Honor Society. Football 10,11,12. Baseball 11 Track & Field 10. Band 10. Orchestra 10.

SHAWN PYNE Art Club 11,12. Swim Team 12.
to be dead, to be really dead, that must be glorious Bela Lagosi 1934

KATHEEN RAUSCH
National Honor Society Outing Club 11 12 Student Council 11 12

PHILIP RAUSCH

CLAUDIA RIEMER
Outing Club 12. Orchestra 10 11 12 Student Council. Thespians.

CYNTHIA A RIPA
Cheerleader 11 12 Pep Club 11.12 Tri-S 11 12

KEVIN RIVERS Band 10 11.12. Chorale 11 12 Chorus 10.

SUZANNE E ROBERT

DONALD ROBINSON
Not Pictured

RONALD ROBINSON
Baseball 11 Hockey 10 11 12

EVAN ROMER National Honor Society Squash 11. 12 Ye Olde Football Pool

JIM RUDER Hockey 10. 11 12

CHRISTOPHER SAMMARTANO

JUANITA SANDERS 3rd World Student

JOHN SARNA Rod & Gun Club 10.11

JOSEPH F. SCANLON
Cheerleader 11. Goldbug Sports Ed. 11 12. Football 10 11 12. LaCrosse 10,11 12. Wrestling 10 11 12. Friday Nite Club 11,12.

KAREN A. SCHAPER

PETER WILLIAM CHRYSOGONUS SCHOENBERGER. National Honor Society. A-V Club 10, v. pres. 11. Chorale 12. Graphic 11 Outing Club 10,11. Exec. Com. 12 Radio Club 10. sec.-treas. 11. Rod & Gun Club 10,11,12. Stage Crew 11 LaCrosse 10,11,12. Soccer 10, co-capt. 11,12; Squash 10,11,12; Nat'l Merit Letter of Com., News & Sports T.V. Show 10. Search & Rescue Post 911 11,12.

GREGORY SCHWARTZ
Outing Club 11,12

EDUARDO A. SCOTT
Not Pictured

DERYL SCURRAH

ANDREA SEPANEK.
Chorale 12. Ski Club 10, 11 12. Goldbug 12

ROBIN LEE SHEARER
Cheerleader 10,11,12. Goldbug 11. Pep Club 10, 11 12. Tri-S Publ. Chairman 12. Softball 10. B.F. 10. Y.B.F.A.L. 11 12.

MICHAEL SHIFFLETT

CRAIG SHRIMPTON

JAYNE SHUMWAY. Ski Club 10,11.

MARY SHUMWAY. Ski Club 10,11 12

STEVEN SHUMWAY
Rod & Gun Club 10,11

GEORGE SLATE
National Honor Society
Cross-Country 10,11 co-capt. 12. Squash 11 Track & Field 11 12, Ye Olde Football Pool 10,11 12

STEPHEN R. SLEIGH.

NANCY L. SMITH
National Honor Society
Outing Club 10,11. Exec Com. 12. Co-Chairperson 12.

DAVID SMYSER.

JOHN SMYTH
Basketball 10,11 capt 12, Baseball 10,11,12.

STEPHEN SOUTHWICK
Graphic 11 Ski Club 10, 11,12, Baseball 10,11 12; Hockey 10,11, capt 12

VICTOR STALEY
Outing Club; Ski Club 11. Swim Team 10,11,12

ANN MARIE STEIN

KIM STEINBECK. Rod & Gun Club.

JIM STEINBERGS
National Honor Society.
Not Pictured

ROBERT STEWART:

MICHAEL STOSZ.
Outing Club 11 Rod & Gun Club 10,11 12 Baseball 10; Basketball 12 Football 10,11,12; Track & Field 11,12.

GLENN WHITTIER STOWELL. Baseball 10,11, 12. Football 10,11,12. Wrestling 10,11, capt 12

JAMES STRATFORD.

ROBERT STRATTON

LYNN STROTHER

WAYNE STUART
National Honor Society
Chorale 12

DAN SUMMERLIN Rod & Gun Club 10,11,12

LAIRD SUMMERLIN

VIVIAN R. SWEIGART
A-V Club 10,11. Band 10, 11,12. Chorus 12

PETER TAYLOR

MARGARET THAYER

MARY TIDLUND
Not Pictured

CRAIG TREHUB Biology Club Chess Club, Cross-Country 12, Football 10, 11, Wrestling 10,11,12.

DONNA LORE TUDRYN Pep Club 10, 11,12, Basketball 10,11,12, Softball 10,11 12, Volleyball 10,11,12.

DANIEL TROMPKE
Not Pictured

SHELDON TUTTLE
Not Pictured

CRAIG TYLER

MARGARET TYMKOWICHE

MARTINE VANPEE
Outing Club, Morning Announcements, Ski Club

REGINA VASSALLO Pep Club 10,11,12, Tri-S 10,11, treas. 12, Business Careers Club 10,11, treas.12, Basketball 10,11,12, Softball 10,11,12, Volleyball 10,11,12

MYRIAM VAZQUEZ
Not Pictured

MICHAEL A VINSKEY National Honor Society, Pep Club 11, treas. 12; Cross Country Ski Team 12, Gymnastics 10,11,12, Key Club sec. 11,12, LaCrosse 10,11,12, Soccer 10,11,12
Not Pictured

MARTIN VOGT
Not Pictured

JEFFERY WALAS Rod & Gun Club 10,11,12.

MICHAEL WASKIEWICZ

MARC WEINER: National Honor Society. Transfered from Frontier Reg. 10; Chorale 11,12; Thespians 12.

PAULA WEINER
Transferred from Frontier 10, Outing Club 11,12, Stage Crew 10,11,12, Chorus, Thespians 11,12.

COLIN WESTON

VALERIE J. WESTON
Business Careers Club 10, 11, pres. 12; Tri-S 10,11 publ. Chairman 12, Teachers Aide 12.

SUSAN A WHITE
Business Careers Club 11 12, Hockey Cheerleader 12, Goldbug 10,11, Pep Club 10,11,12

JOSEPH D. WILEY

JOHN WILKINSON

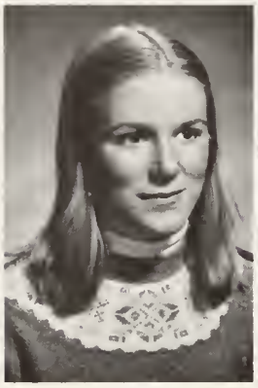
RINZY T. WILLIAMS: Biology Club 10, Debate Club 11,12, French Club 10, Radio Club 12; Track & Field 12, Wrestling 11; Afro-American Society 10, 11,12

SUSAN T. WINDER

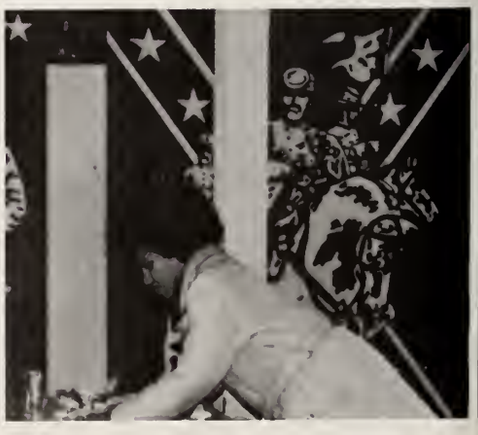
SUE-DABEH YAZDI
Not Pictured

LSELIE S. YOUNG: National Honor Society, Chorus, French Club, Graphic, Sunberry 12, Field Hockey 10, Golf, Squash 12.

SARAH GODDARD ZARTMAN Cheerleader 10,11, capt. 12 Chorus 11 Goldbug 12, Pep Club 10, Tri-S 10,11, v.-pres. 12; Ski Team 10.



ELLEN ZIFF



Candy Lee

Sue Cicia

Mr. or Ms. X

Jane Keyes

Angi Burch

From Left to Right: Scott Doubleday, Sue Howard, Sandy Campbell, Katharine Halsey, Emily Zahradnik, Sue White, Paul Zahradnik.

Gina Vassallo

Patty Mascis

Mary Lessard

Romances

Romances

S: student lounge

sleeping

Skiing

Teachers
Thespians

T

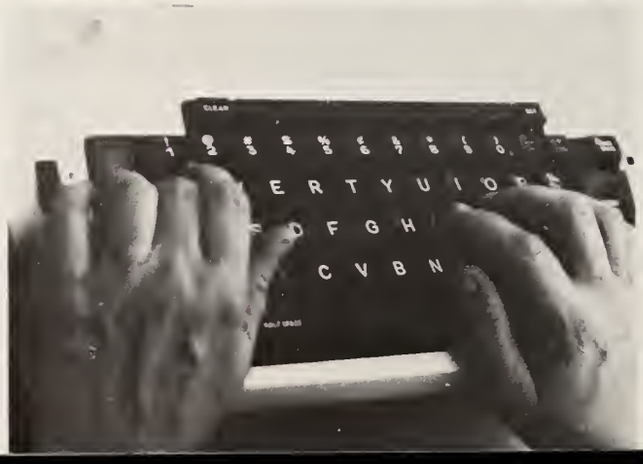
studying

SANTA

smoking

Talent

Typing



Underwear

Victory

Vodka

Upper class people

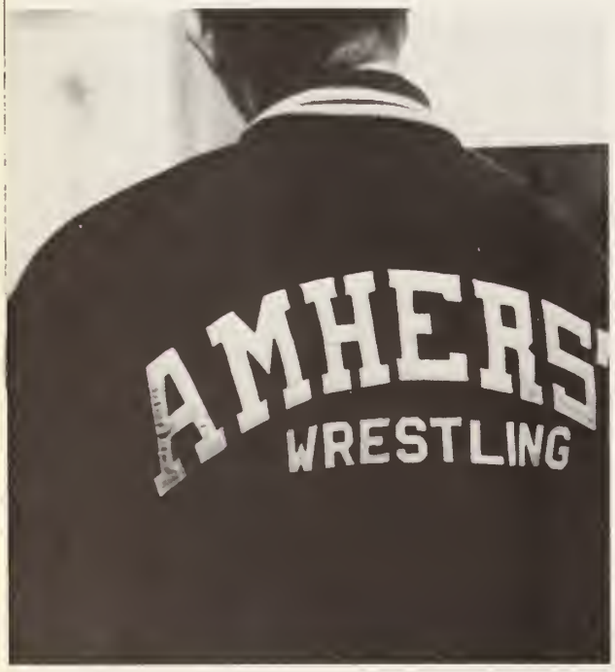
W

WINDOW

EXIT

X

WOOD SHOP



WINE

WRESTLING WITCHES

Y

Yogurt

Yuck

Z

Zipper

Zany

LIFE AT ARHS

featuring Jim Kelly Auto Mechanics

LIFE AT ARHS

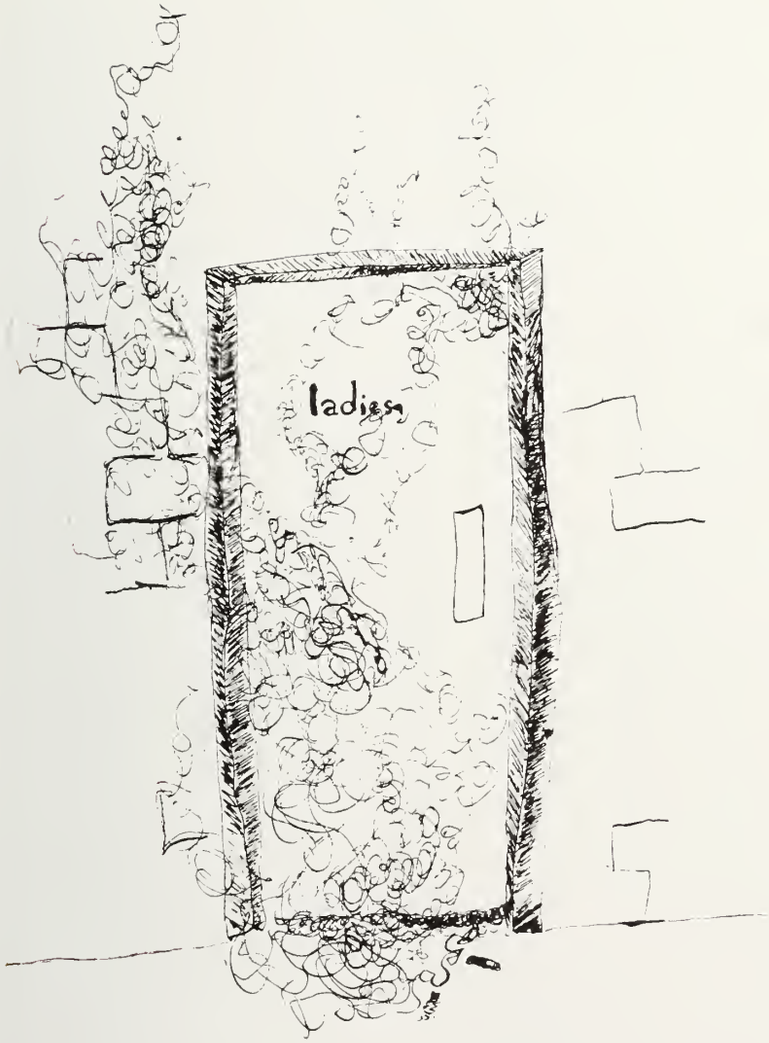
featuring Pearl Veary Librarian

LIFE AT ARHS

featuring Paul Langlois Principal (?)

LIFE AT ARHS

featuring Randy Robinson Physical Education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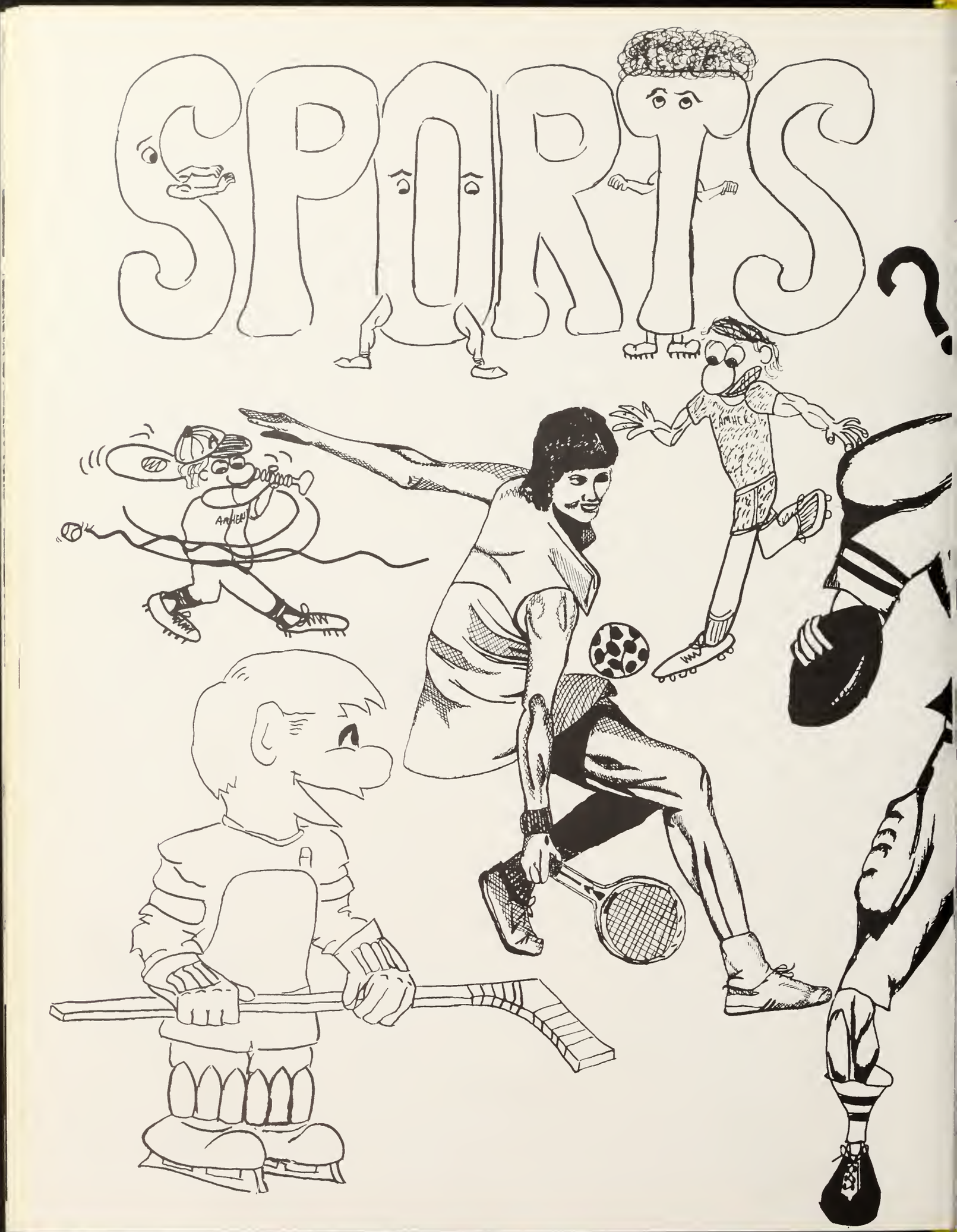
SPORTS?
AMHERST
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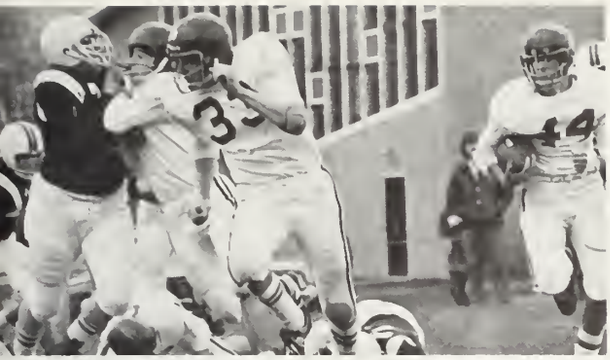
71½
POW!

To coin a phrase, "Defense is the name of the game", or at least it was for football in 1973. A sparkling performance from Coach Jud Hasting's defensive gang, teamed with Coach Paul Lengieza's rebuilt line, combined with the rest of Head Coach Bud Kneeland's revamped Hurricanes resulted in Amherst's best representation ever in the Inter-county League.

Lost and gone and hopefully not forgotten are many seniors. Among them is the boy wonder of Amherst Football, Co-Capt. Hubby Jackson, who once again walked off with many duly deserved Honors and awards. Gone also are a bunch of gruff linemen led by Co-Capt. Tim Grady, linemen of the year Mike Stosz, Defensive player of the year Joe Mitchell, all of whom were All-League selections. Lost also are tackles Joe Scanlon and Rich Kellogg and YFL award winner Glenn Stowell. Also graduated is center Pat Ahearn, guard Bob Progulske and tackle Mark Hall who was out for most of the year with a broken face.

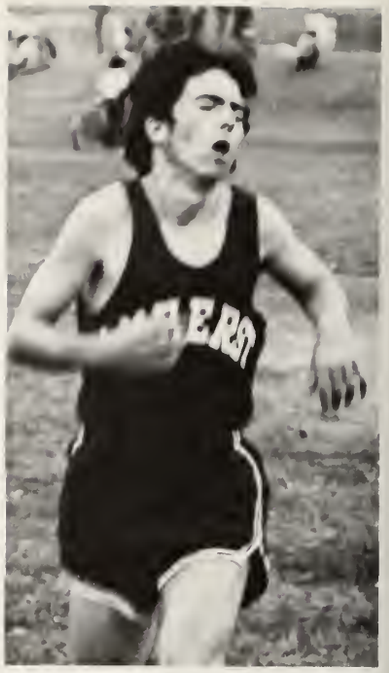
This year also graduated a complete backfield consisting of Jackson, QB Pat Hall, Scat-back Roger Boucher and brusing fullback Barry Graham.



The football season had many exciting moments, mainly because the offense didn't generate much scoring until halfway through the season. This resulted in many close games, like 7-0, 0-0, 7-6, and a 2-0 win over Mt. Greylock on Bryce Lane's "Big Play". The only loss of the season came at the hands of Mohawk, 7-6, where the only touchdown came on a blocked punt in the endzone. In fact, the only points scored against the defense were from a touchdown in the final game of the season, an 18-8 win over Mahar.

The seniors on the club will lose a lot when they graduate. There will be many things they will miss, such as the bus, Dolf telling that stupid joke, those last three towels, O. Jessie, and many other fond memories of football at ARHS in 1973.

From Left to Right: First Row: M. Stosz, P. Ahearn, J. Scanlon, J. Mitchell, T. Grady, Co-capt., H. Jackson, Co-capt., R. Boucher, B. Graham, G. Stowell, P. Hall, B. Progulske. **Second Row:** M. Hall, A. Desmond, J. Ostendarp, J. Vanderszwagg, B. James, M. Stoneham, R. Paul, J. Millar, B. Lane, S. Stosz, P. Cavanaugh. **Third Row:** S. Stosz, A. Glenn, M. Mascis, V. Fusia, J. Barr, A. Progulske, L. Adams, B. Brandts, J. Sullivan, K. Drake, T. Vinskey. **Fourth Row:** J. Koehler, D. Zartman, P. Perchak, C. Berquist, T. Slocombe, B. Lord, M. Matusko, Coach Hastings, Coach Lengieza, Coach Kneeland.



From Left to Right: G. Slate co-capt., M. Shifflet, J. Bonsignore, J. Waldron, P. Chametsky, B. Tarmey. Missing: D. Newell, co-capt.

From Left to Right: First Row: M. Mekie, E. Stansenouski, D. Whitney. **Second Row:** C. Trehub, B. Slate, D. Whitney, R. McGinn, T. Venman, C. White.

Have you ever thought about those runners whom you pass in your car every once in a while? It's very likely you've dismissed them with an observation about people who spend too much time in the sun. Little do you know that they're helping the sport of Cross Country preserve the status quo.

Amherst High School has a very good cross-country team. In the 1973 season they won all ten of their dual meets and won the league championship for the fourth consecutive year. They also finished third in W. Mass, which qualified them for the State Meet in Boston. But how then can you explain why half the team was playing football the day before the last meet? How can you explain them listing their greatest accomplishment as showing up the J.V. soccer team? Then ask yourself how a team can remain fun loving despite running halfway to Hell and back everyday for three months? And . . .

How can George Slate turn practice into a facist takeover?
How can Bill Tarmey have such a maniacal fear of dogs?
How can Dennis Newell have a cold for three years?
How can Tom Venman run without being able to breathe?
How can Cindy Hastings run without moving her legs?
How can John Bonsignore be so good?

If you ask any of these runners "how?", they'll tell you — by having fun. They enjoy sweating blood each and every day. And just ask Frost and Flake and General and Dwarf and Cindy and Carla and Waldo and Foulmouth and Monkey and Turkey and Fussy and Crazy legs.

So to all you people out there, stay away from cross-country while it's still fun!

After many years of playing many teams from all over the area, this was the first year that ARHS Volleyball played in a league, which consisted of four teams. Amherst finished with a record of 3 & 3, tieing them for second with Greenfield. With much time and effort, Coach Giard built up a good team with what few players she had.

The highlight of the season was the "Playday Tournament". All teams, including those which had not participated in the league, were allowed to enter. Amherst put up a tough fight to the last moment. During the finals they lost a close game to Pioneer, ending up second.

Graduating seniors are Donna "Tudi" Tudryn, Barb "Herbie" Hebb, Katharine "Cartwheel" Halsey, Gina "Kid" Vassallo and Sue "Howie" Howard. Experienced players returning are Jackie "Parker Pen" Parker, Jill "HotDog" Franks, Lisa Lee, Sue Kaslawskis, Gail Malesko and Florence Houn.

From Left to Right: First Row: S. McReski, B. Hebb, K. Halsey, D. Tudryn, G. Vassallo. **Second Row:** L. Lee, G. Malesko, F. Houn, J. Parker, J. Franks, S. Kaslaskus.

The Soccer team, under the coaching of Jim Scott, finished with a 2-10 overall record which left them trailing the rest of the league in last place.

Though their record left much to be desired, the team had the kind of spirit and determination which is lacking in most high school teams. Perhaps part of this enthusiasm was due to the memorable words of Coach Scott, "Challenge, Be Aggressive, Anticipate!"

Fine performances were turned in by senior Wen Lin, who was the team's leading scorer with 6 goals and 1 assist, senior co-capt. Marty Bak, Steve Hasbrouck, Stanley "Bozo" Allen and sophomores Seth Sherwood and John Vassallo.

The season's big story was the success of rookie goalie Tony Neary. Even before the season started Rick Chamberlain was laid out with mono, leaving Tony holding the bag, or the ball in this case. Tony displayed great concentration since he was determined to make good his first year. Rick returned well into the year only to find his position sufficiently filled. Probably the best performance of the year was that of small Jeramie Wolff. Jeramy attended every home soccer game and deserves a special recognition for his work in running the lines.

The JV's had a very fine season under Coach Tom Gralenski, who will head the Varsity squad next year due to the surprising retirement of Coach Scott.

From Left to Right: First Row: B. Krites, J. Leverman, W. Lin, co-capt., M. Bak, co-capt., B. Lambert, M. Vinskey. **Second Row:** D. Culbertson, P. Schoenberger, C. Beckett, G. Brand, L. Lunberg, G. Mottla, S. Sherwood. **Third Row:** K. Johnson, J. Smyser, S. Hasbrouck, M. Carlile, R. MacLoud, T. Neary, J. Vassallo.

The Girl's Field Hockey had a very successful season this year. Although they were plagued by six frustrating ties which caused them to be seeded unjustly last in the Western Mass tournament, they went on to prove themselves anyway by upsetting 5th-seeded Longmeadow with a convincing 3-0 victory. Having decided that they weren't quite finished, they went on to pull another stunning upset as they beat no. 1-seeded Southwick 1-0.

From Left to Right: First Row: J. Keyes, J. Keyes, N. Gralenski, S. Howard. **Second Row:** Miss Mathison, M. Farrow, D. McConnell, L. Hartman, K. Cromack, C. Drake, R. Schanor, L. O'Connell, L. Gettier, L. Wolff, K. Bak, Miss Titsel.

This placed them into the semi-finals with Mohawk. Unfortunately this ended in a loss, thus finishing the ARHS 1973 Field Hockey Season.

Amherst has a very promising team for next year since only three seniors are graduating: Jane Keyes, Sue Howard and Marcey Farrell. This leaves coach Mathison and Coach Titsel with many underclasswomen and a growing interest in the sport.

This season wasn't quite as dramatic as the last one for the Amherst Regional Hockey Team. In fact, with their 9-5 record they were barely able to muster up a third place spot in the league.

Orr Rink went into hybernation due to the "Energy Crisis" early in the season, so the Hurricane skaters were temporarily forced to call Williston Academy home base. This rink was more expensive than Orr, so Amherst had to schedule fewer practices. This meant that players weren't in as good shape as might have been hoped for.

West Springfield was the only hockey team in Western Massachusetts to have an undefeated record, that is until the Hurricanes got a hold of them at the end of January and busted their winning streak. Amherst did manage to break even this season by beating every team to which they had lost in the division.

Amherst moved into the Berry Division last year and proudly took the crown for being the toughest league in Western Mass. Hopes for at least the Western Mass. title were shattered this year when the pucksters lost to the worst offensive team in the league, Tech, by a 2-1 score in the quarter-finals of the W. Mass. tournament.

Jim Ruder was the team's leading scorer this year and he held the Berry Division leading scorer position for quite awhile. The senior tri-captain was also named "Player of the Week" by the Springfield Republican. The team's other captains were Steve Southwick and Bryan Plumsted.

Another high team and division scorer was junior Tom Archer. Unfortunately he will be going to India for his senior year. Taking his place in the center slot will be Dave Gilbert. On the wings coach Gallagher will be depending on veteran Tom Slocome and other returning players, to give Amherst the scoring punch for another successful season.

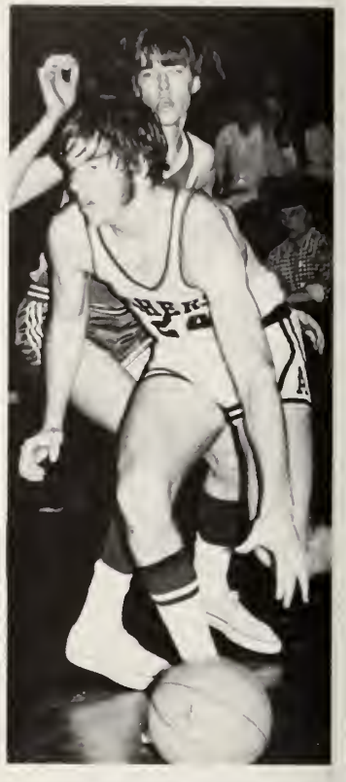
This is the second year that ARHS has had a girl's gymnastic team. Last year, the team had a record of 4-4, placing fifth in Western Mass. This year the team has readily improved, achieving a 5-3-1 record and placing fourth in Western Mass, with Janet Boothroyd, sophomore, placing third in the balance beam, Karen Bak, sophomore, placing sixth in the side horse vaulting, and Betty Ludtke, freshman, placing fifth in the balance beam. These three gymnasts also qualified for the State individual meet.

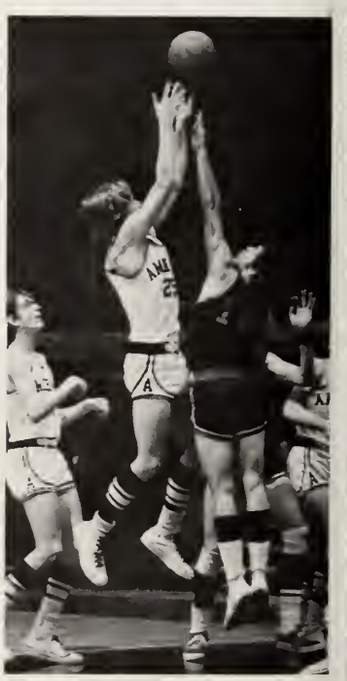
As this years team consists of fairly young members, the oldest being sophomores, Amherst won't be losing any talent next year, and therefore can only improve.

Extending their reign as Hampshire League champs to two years, ARHS Basketball finished with an undefeated 18-0 league record for the first time. Under new coaches Tom Styspeck and Al Jacque, the varsity squad suffered only two losses to the hated South Hadley Tigers.

Consistent performances by tri-captains Russ "Bogus" Campion, Mike "Abie" Abramson, and John "Smytie" Smyth, enabled the Hurricanes to lead the league. Three new members to the squad, Steve "Squeegie" Sleigh, Peter "C.B." Moss, and Bruce "Too-Tall, Juice, Dude" Smith, teamed with juniors Mike "Pinnochio" Piccus and Gary "Garo" Stanitis, to help Amherst on its 18-game winning streak. Other contributors to the squad were Robbie "Chet" Chametsky, Jeff "Chacker" Perchak, Mike "Stoszie" Stosz, and Dave "Thunder" Thorton.

Some exciting moments of the season were the touching presentation of the "Rag of the Year" award to Abie, and the time coach Jacque bought the team two cases, (SODA?) in celebration of clinching the title. The J.V. team finished with a 16-4 overall record. Top players were Pete Chametsky, John Bonsignore and Mark Chien.





2nd Row — B. Smith, R. Campion, J. Perchak, M. Stosz, S. Sleigh, P. Moss, M. Abramson, Coach Jacque.

1st Row: J. Smythe, G. Stanitis, M. Piccus, R. Chametzky, D. Thorton, Coach Styspeck.

Although finishing the season with a 9-6 record, including an upset victory over defending W. Mass champion Technical, and a strong showing against this years champ Cathedral, it was again a disappointing season for the Amherst Wrestling team. It was a season highlighted by individual records and performances, especially by graduating seniors.

Tri-captains Steve Hasbrouck (128), 12-2, 3rd in W. Mass., Glenn Stowell, (134), 10-1-3, 5th, and Roger Boucher, (147), 7-3-1, 7th led the way all year. Hub Jackson (167), 10-2, 3rd, Bob Progulske, (140), 9-3, th, Ed Ford, (114), 8-3, Joe Scanlon (HWT), 6-8, 7th, Pat Ahearn (177), 5-7 (all close matches, though . . .) and Barry Graham (157), 5-3, all seniors, had at least one major upset during the season otherwise turning in consistent performances. Members of the terrific 13 who will be back next year are Ray LaClaire (187), 8-6, Doug Lenz (121), John Gawenowski (157), and probably the two brightest rookies, Bobby Lord (105), 5-9, and David Whitney, who had a 9-5 record and finished 5th in his weight class, showing definite State Champion potential.

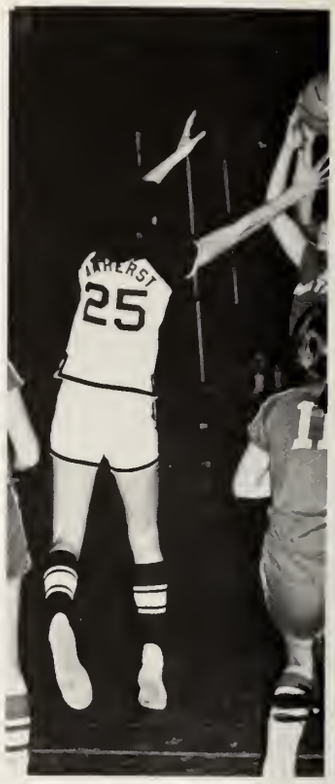
Yet once again Amherst showed that it just didn't have the necessary attitude it takes to win tournaments. It finished a horrendous 10th in W. Mass, with but a few wrestlers wrestling anywhere near their ability. But hopefully this will not sour the many memories that the wrestlers have with Coach Robinson, Coach Carl "Big Fonz" Dambman, and Barry "Braintree" Katz. The wrestlers also remember "Big Fig", winning one ofor "The Snake", being aware of "The Barnacle", and the outstanding JV team, which will become the varsity next year with the majority of the wrestlers still in Jr. High.

Top Row L to R: J. Scanlon, G. Stole, R. Boucher, B. Progulske, B. Lord. **Bottom Row:** J. Scanlon, S. Hasbrouck, D. Whiteny, H. Jackson, H. Nevalius.

The Girl's Basketball Team jumped off to an excellent start, winning 7 of their first 9 games. The second round didn't go as smoothly. Injuries to several key players left the team with only one starter and a total of eight players. The injuries ranged from water on the knee to a pinched nerve. With two of the four injured starters out for the entire season, the 'Canettes couldn't get off the ground due to the constantly changing line up. Although the team turned in a fine defensive performance, they lacked a good shooter and at times it seemed that they could never buy a basket.

The team finished with a 33.5 points-a-game average and an overall record of 8-8. With only six graduating seniors and good J.V. talent, Coach Betty Lawson feels that next years team will make a "run for the league title", and possibly capture the Western Mass. title for the second time in three years.

This year's J.V. team sported such promising players as Karen Cromack, Lisa Gettier, Joy Keyes, Nadine Chien, and Florence Houn. The team finished with a 13-3 overall record and a 12-2 league record. Losing only two games by a total of 3 points the team earned the Franklin County League title.



Varsity — **Bottom Row — L to R** — L. Gallager, D. Corker, D. Tudryn, J. Keyes, L. Wolff, C. Cole. **Top Row L to R** — J. Bragg (Manager), Coach Lawson, C. Drake, G. Vassallo, J. Franks, S. Howard, T. Eddy, B. Hebb, M. Thayer, K. Fisher, C. Bishop (manager), L. Baker (manager).

J.V. — **Bottom Row L to R** — A. Sunderland, N. Chien, T. Eddy, K. Cromack, P. Sabey, J. Bragg (manager), C. Bishop (manager), **Top Row L to R** — Coach Giard, F. Houn, E. Newcombe, S. Barker, L. Gettier, G. Milesko, J. Keyes.

1974 was the year Amherst Swimming started to build a future with practically all new swimmers. They formed a very unique crew. The only young co-ed team in the league. The girls, Ellie Boluch and Nancy Shifflet, decided they needed stiffer competition than they found just competing against girls, so they joined the boy's team, and got it! The rest of the team consisted of freshman and sophomores, with only two seniors, John Dalton and Ethan Man and one junior, Duane Freeman.

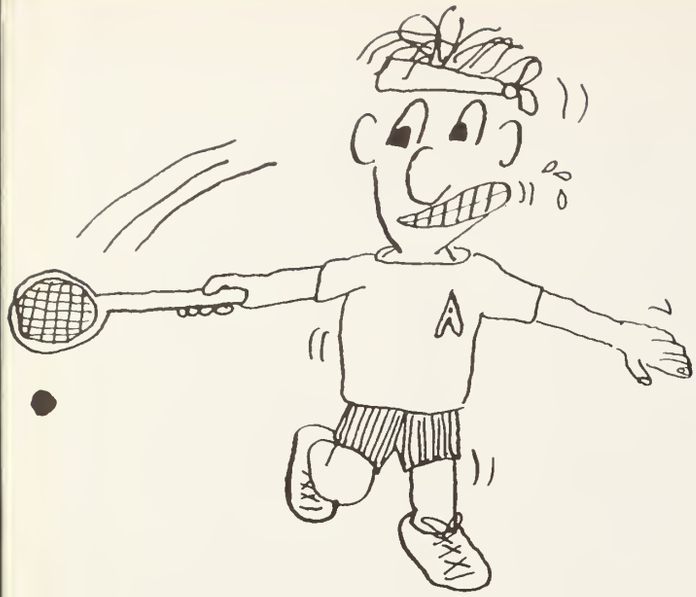
The climax of the year was their victory over South Hadley, an A Division team that they had never beaten before. All the swimmers did their very best times, enabling the freestyle relay in the very last event to clinch the victory. The Tigers had a good chance of stealing the victory in the breaststroke event, but Ellie Boluch touched out the experienced Tiger swimmer, much to his embarrassment. Not only was he not used to losing, but being beaten by a girl didn't help. He was too red to

even come out of the pool. Three weeks later the same thing happened to Amherst's diver Tim Cowles. After his best performance of the year he found he had lost to a girl diver from Pittsfield, but he took it like a man.

Freshman Billy Tyler turned in the most solid performances for the team. Blasting through the water he demolished school records in the 50 and 100 yed freestyles, and the 100 butterfly. Billy, a big perservering swimmer, will be an All American in a couple of years.

There were many high points in their practice sessions which turned into hard landings and red backs when Dave Dalton, Sean Staley and John Robinson did back flips in hopes that Coach O'Donnell wouldn't make them do all of the workout for their efforts. Then there were the low points such as backstroker Craig Manning insisting that he sit down on every start.

Swimming as a team provides a common bond with which a close-knit group with similar golas and interests was formed. They practiced and suffered together, won and lost together and shared in each other's victories.



The 1973-74 season marked the third year of varsity squash competition at ARHS, under coach Paul Judson. Having lost all its top players last year, the team had to make a new start. With a starting team composed primarily of seniors, they finished the season with a disappointing 1-7 record. What this fails to show is the fun the team members had competing against other teams, and the lessons they taught themselves in sportsmanship, self-discipline and teamwork. Even with a 1-7 record, the squash team had no trouble retaining their New England Championship, since they are the only public school in New England that has squash as a variety sport.

The team will be losing 8 of its top 10 players. They are Lance Lunberg, Pete Schoenberger, Wen Lin, Dave Culbertson, Chris Beckett, Evan Romer, Bill Lambert, and Dave Flight, who will all move up to tougher collegiate competition. Returning to spark next years team will be Ron Larson, Tony Neary, Sam Judson, Greg Leonard, Kip Johnson, Steve Culbertson and Bob Martin.

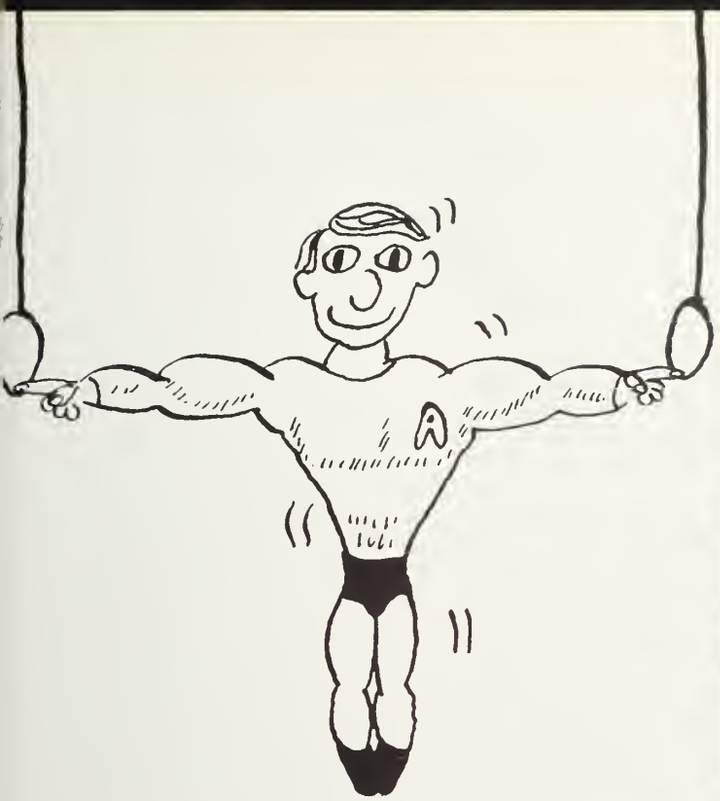
Although the spectators have yet to jam the galleries at Amherst squash match, the school is slowly realizing that this action-packed sport is here to stay.

The Amherst Ski Team, after going undefeated in the Hampshire League B Division last year, moved up to the A Division this year and had another great season. Under the guidance of second-year coach John Cushing, the Hurricanes posted a 10-2 record, good enough for a third place finish in the tougher A Division. Outstanding skiers for Amherst were seniors Stan Allen, Marty Bak, and Martha Epstein.

Martha Epstein, one of the few girl racers in the league, embarrassed many a boy with her fine results. Stan Allen, possibly the best skier in the league, won seven of the twelve races, with Marty Bak winning the other three. Other important contributors to this years team were Bill Pickering, Ron Laverdiere, Anthony Kundert, Kathy and Patty Lane, Dan Fisk, Alan Oldershaw and John Fenton. They will return next year to continue a tradition of good skiing for the ARHS team.

From Left to Right: First Row: B. Doubleday, M. Delaney, P. James, R. Thorton. **Second Row:** T. Hankinson, T. Hanson, D. Cothanch. **Third Row:** M. Fournier, J. Keyes, P. Mascis, S. Zartman, B. Derby.

From Left to Right — Front Row: J. Kilbosa, D. Smyth, G. Scanlon, B. Graham. **Second Row:** M. Monahan, M. Olanyk, G. Russell, R. Koehler. **Third Row:** C. Abramson, R. Kneelad, R. Robinson, A. Leland.



SPORTS

"Help, Mr. Wizard! I don't wanna be a gymnast anymore!", came the universal cry from the boys' gymnastic team. Perhaps their laughter was an attempt to escape From their problems. If so, it's a wonder they were ever quiet.

The gymnastics team had its share of problems. Their membership, though stable, was limited, since the sport seemed to rouse little interest in the school. The equipment was old and difficult, if not impossible to learn on.

Team leadership was poor because the co-captains did not properly accept their responsibilities. This seriously hampered the progress of the team, which made mistakes which went uncorrected too long. They lost every meet they entered, but gained something from the experience. They worked, they played, they worried, and they relaxed. They were frustrated at times and overjoyed at others, but never apathetic. This was the 1973-74 gymnastic season.

From Left to Right— First Row: T. Peabody, J. Penny, T. Roosevelt, R. Nader. **Second Row:** H. Smidlapp, B. Bedloff, M. Lynch, N. Rockefeller. **Third Row:** J. Dean, D. Feild, I. Knightly, F. Berfull, G. Nasbartus.

Credits

There are others not listed as "official" contributors who deserve recognition for their suggestions and moral support. We thank the following: Mr. Leland and Mr. Steinmeyer, who, among other things, let us take pictures during a school day; Mrs. Goddard and Carol Heath, who were inexhaustible sources of vital information; Suzanne Roberts, who kept us in constant fits of laughter and did a lot of the legwork which helped make this yearbook the best ever.

With the help of several hardworking people, the **Goldbug** has outdone itself this year, and we — the hardworking people — acknowledge your appreciation for our accomplishment. To those who contributed, we would like to say, "Thank-you." To those who did not, "You're welcome."

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Writers: John Dalton
Dave Culbertson
Pete Schoenberger
Karen Bak
Marty Bak
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Hanging around the halls watching the chicks

Watching chicks that watch back

and chicks that don't want to be watched.

Screwing around with the guys outside

screwing around inside

and screwing around while the teacher is there.

Hanging around, wasting time outside with the boys . . .

in the library with the boys

or while making a call.

Having a few beers with the boys

having a few more

and taking a bath after to regain your senses!

...PEOPLE

Varsity Baseball **First Row:** R. Campion, G. Stowell, M. Bak, J. Perchak, P. Feng, M. Abramson, P. Ahearn. **Second Row:** J. Sullivan, B. Pickering, D. Rotman, L. Adams, S. Southwick, J. Smyth. **Third Row:** B. Feng, D. Whitemore, Coach Abramson, D. Ford, (manager).

J. V. Baseball **First Row:** C. Berquist, B. Lord, J. Vassallo, M. Fusia, C. Merril, A. Britt, M. Burke. **Second Row:** C. Berquist, F. Keenan, B. Brandts, A. Smith, P. Ziomek, C. Ollins, R. Fay. **Third Row:** Coach Hastings, B. Klemer, L. Shumway, S. Sherwood, J. Barr, S. Fitzgerald, D. Aubrey, K. Wheeler.

Girls Softball Team **First Row: L to R.** L. O'Connell, L. Gallager, M. Farrell, D. Tudryn, J. Keyes, K. Fisher, D. Klein, C. White. **Second Row:** L. Scanlon, J. Keyes, K. Cromack, G. Milezko, E. Newcombe, P. Sabey, C. Lenz. **Third Row:** J. Bragg, K. Freeman, E. Flight, (manager).

Softball Team

The girls softball team finished its season this year with an overall record of 9-5 excluding one game against Mahar that was finally cancelled because of rain.

Graduating seniors include Marcie Farrell, Jane Keyes, and Donna Tudryn. They will be missed next year and spared the agony of having to play telephone on the bus. This years team contained many promising players and the Jr. High has promised even more, so the outlook for the next years team is very good.

...SPORTS

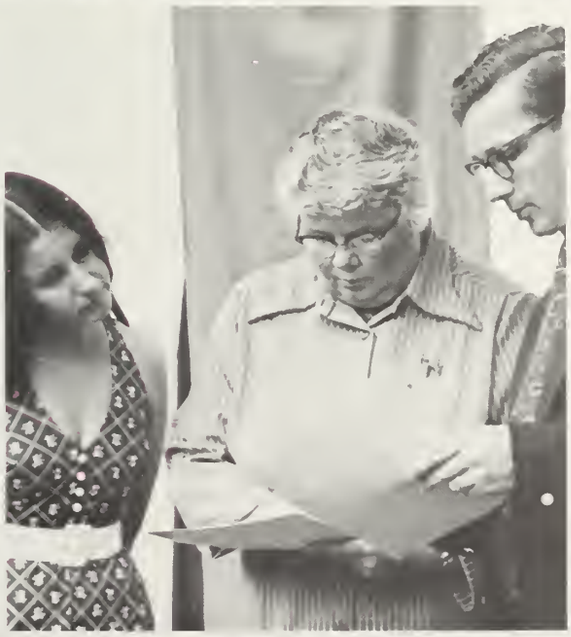
Boys Track

Why did Joe Mitchell not break the school record in the discus? Why did mad dog Burgess not break the pole vault record? Why did Roger Boucher do his best time in the first meet? Why did Tim Grady run the hurdles in the last meet? What happened to George Slate's knees? What was Hubby Jackson **really** drinking in the back of the bus? Surely Coach Crowley must have been deeply puzzled. But he recognizes dynasties to come.

Junior Bill Tarmey had a fine season in the 2 mile as did Kip Johnson in the high and low hurdles. The real future of the Track team lies in the sophomore class. General John Bonsignore led his army of Jon Waldron, Pete Chametzky, John Gibson, Anthony Glenn, Tony Bond, and Al Progulske to fame and fortune. Although the underclassmen will surely miss the guiding light of the seniors, they have the potential to carry the torch themselves.

Lacrosse **First Row:** B. Plumstead, G. Brand, L. Lundberg — co-capt, R. Chamberlain — co-capt, J. Scanlon — co-capt, S. Epstein, M. Lenard, M. Hall, J. Millar. **Second Row:** B. James, B. Martin, J. Ostandarp, T. Neary, J. Levinger, D. Eckess, C. Burke, G. Lenard. **Third Row:** R. Lambert, K. Skelly, B. Lambert, C. Gray, T. Vinsky, D. Rutstein, D. Zartman. **Fourth Row:** D. Whitney, S. Ambs, C. Manning, T. Sundeland, J. Scanlon. **Fifth Row:** Coach Briggs, P. Shepp, B. Graham, Coach O'Donnell. Missing J. Pagliaro.

...GRADUATION!



ARHS MONOPOLY

GUIDANCE OFFICE

CHANCE REPORT CARDS

OPEN CAMPUS		MAN MADE WORLD	CHANCE	CHEMISTRY	PAY LUNCH $1.75 MONEY	BIOLOGY	OUTING CLUB	CONSUMER ED.	LIBRARY PAY FOR LOST BOOKS	JOY OF COOKING	GUIDE	CHILD STUDY	GO TO OFFICE	GERMAN	FRENCH	GUIDE	RUSSIAN	KEY CLUB	MODIFIED OUTWARD BOUND	CHANCE	FIST BALL	RECREATIONAL GAMES	COLLECT ACCEPTS AS YOU PASS	MAN IN SOCIETY	JOURNALISM	GUIDE	SPEECH	DEBATE TEAM	CHINA	CHANCE	PERSONALITY GROWTH & DRUGS	AMERICAN HISTORY	JUST VISITING	PHOTOGRAPHY	GUIDE	ART III IV	ART I II	CHEERLEADERS & FRENDS	CALCULAS	GEOMETRY	WATER FOUNTAIN	ALGEBRA

WANTED

RICHARD L. KELLOGG

AGE - 17 HEIGHT 6 WEIGHT - 215

aliases: RICH, KEG, MOOSE, CLASS PRES., DUTCH, BIG BOY..

Kellogg is a dangerous influence on the youth of ARHS. He has been part of the creation of a corrupt group of Seniors and Alumni entilted the "Friday Nite Club". He has single handedly ruined the ego of many a basketball player with his dazzling feats. But more dangerous than his size and strength, is his devastating charm, personality, and ability to talk anyone into anything!

$25,000 REWARD

WANTED

ROBERT "BUBBA" MARTIN

HEIGHT 6' AGE 16 WEIGHT 215

DEAD OR ALIVE

MURDERER

Martin is a wanted criminal for his responsibility of the deaths of hundreds. Many have died or have suffered unimpareable internal damages from acute cases of heartburn from eating pizzas made by Martin down at Papa Gino's. Beware of this menace... especially if he has matza sause and cheese in hand!!

$15,000 REWARD

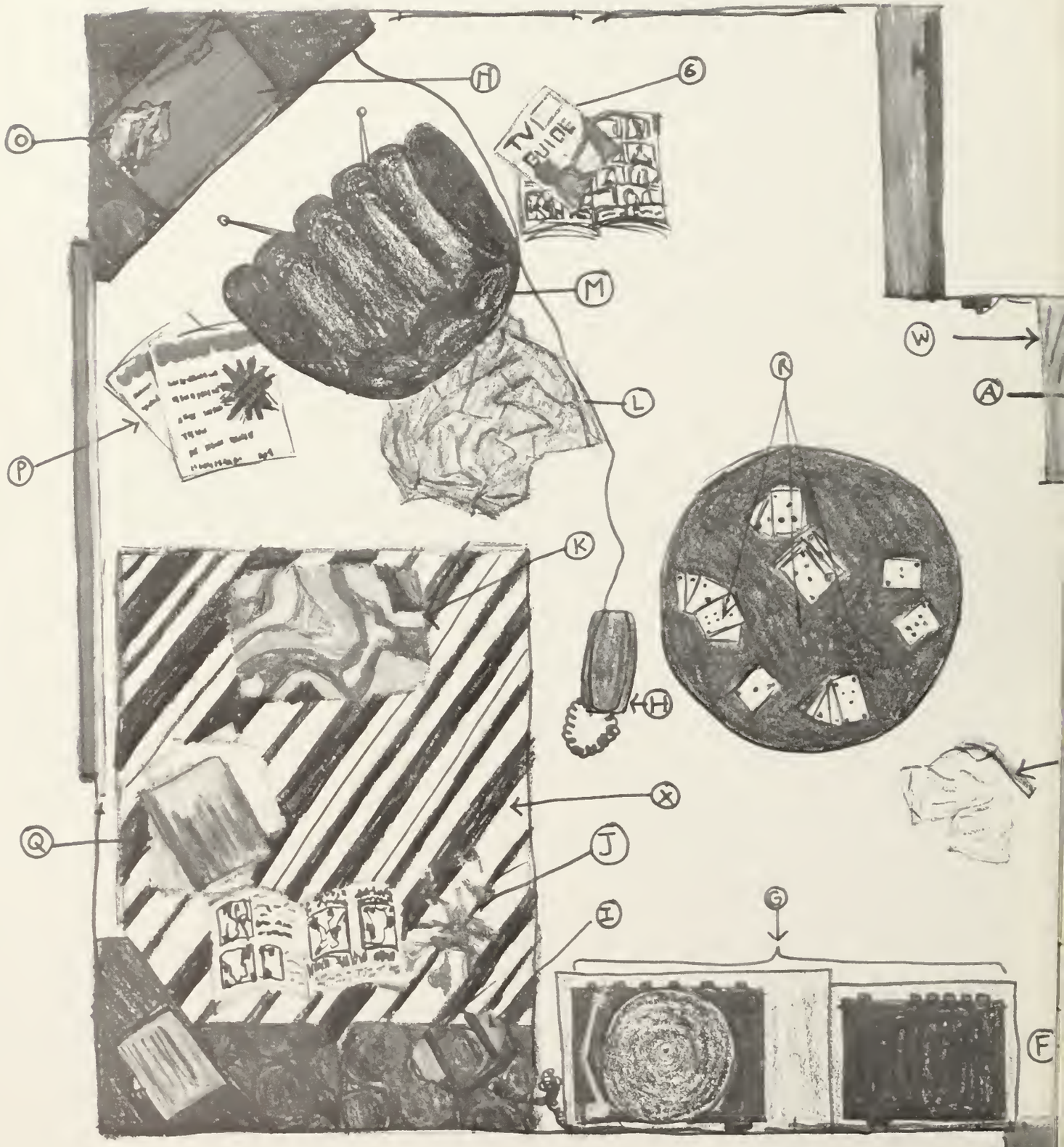
WANTED

CRAZY LUKE

The name of this masked marvel is still unknown yet many have speculated as to his true identity. His only crime, if it can be called that, is that of unmasking his private marvels while he ran through the senior corridor on a Wednesday morning, during homeroom. No one really wants Crazy Luke although many have expressed an interest in "seeing" him again. There is no reward being offered for Crazy Luke except that of sheer delight as you are momentarily relieved of the passing bordom which has become so prevalent at this institution in the past few months.

NO REWARD

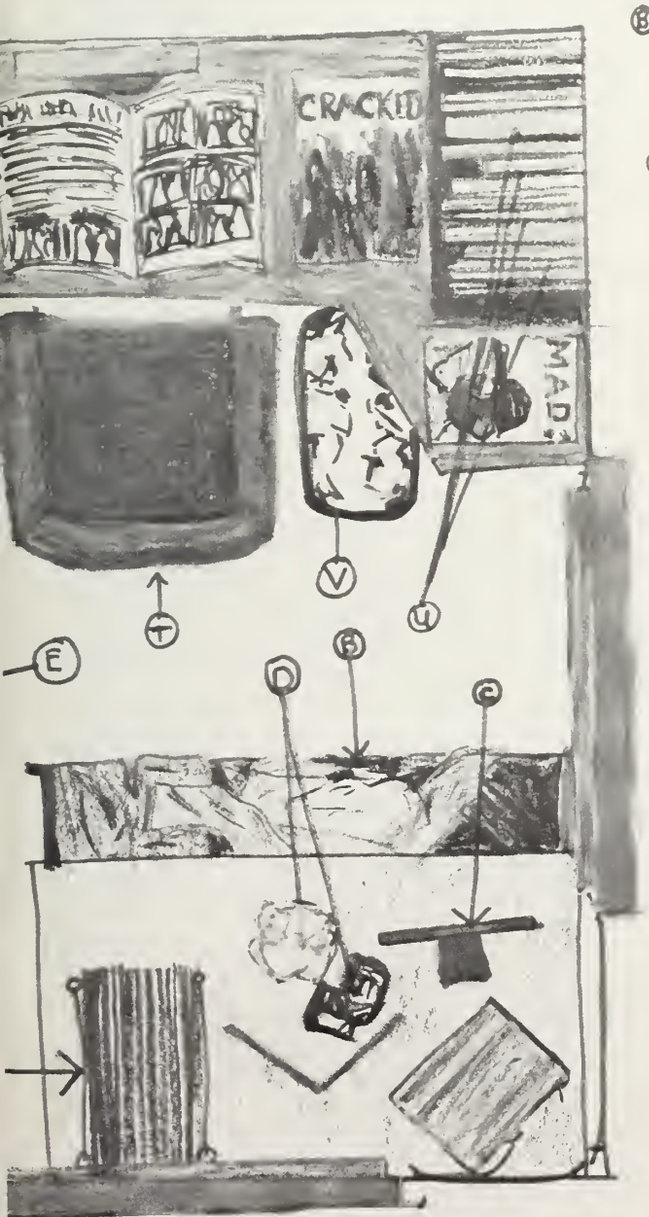
TYPICAL AMERI



✱ OR: THE GREAT AMER

AMHERST REGIONAL
HIGH SCHOOL LIBRARY
Amherst, MA 01002

CAN TEENAGERS ROOM*



CAN DREAM MACHINE

GUIDE:

Ⓐ READING MATERIAL USED (READ) IN PLACE OF LAST NIGHTS HOMEWORK

Ⓑ DRAWER OVERFLOWING WITH STUFFED-IN CLOTHES (USUALLY FOUND IN THIS WAY)

Ⓒ FRAMED REPORT CARD OF 10 TH GRADE, WHEN KID ACTUALLY PASSED ALL 3 COURSES

Ⓓ DIRTY HANKY AND CRUSHED COKE CAN

Ⓔ JOCKY SHORTS WORN TWO (2!) WEEKS AGO

Ⓕ RECORDS (ASS'T.)

Ⓖ MOST FREQUENTLY USED APPLIANCE IN ROOM (MARRANTZ AMP & GARRARD TURNTABLE)

Ⓗ PHONE (NEXT MOST FREQUENTLY USED APPLIANCE)

Ⓘ EARPHONES THAT PARENTS (AND NEIGHBORS) INSISTED HE GET DUE TO ROCK MUSIC AT FULL VOLUME.

Ⓙ KETCHUP & RELISH SPILLED FROM LAST NIGHTS "BIG MAC"

Ⓚ PSYCHEDELIC PILLOW (OFTEN THROW AT INTRUDERS)

Ⓛ DUNGAREE JACKET (ATTEMPT TO LAND IT ON CHAIR FAILED)

Ⓜ MOST FREQUENTLY USED CHAIR IN ROOM

Ⓝ T.V. (USED WHILE SITTING IN CHAIR

Ⓞ SPILLED HOT FUDGE SUNDAE 1 WK. OLD.

Ⓟ PORNO MAGS.

Ⓠ ASSORTED COMICS, ROT, AND UNINTELLECTUAL READING MATERIAL

Ⓡ CARDS FROM POKER GAME LEFT OUT (TO BE CONTINUED TONIGHT)

Ⓢ USEFUL READING MATERIAL (T.V. GUIDE)

Ⓣ LEAST FREQUENTLY USED CHAIR (FOR STUDY)

Ⓤ SCHOOLBOOKS USED APPROX. ONCE PER. WEEK (OR LESS)

Ⓥ WASTEBASKET FULL OF GUM WRAPPERS, LOVE NOTES, AND ATTEMPTS AT HOMEWORK.

Ⓦ NEARLY UNUSED ARTICLE IN ROOM KNOW AS SCHOOL PENS.

Ⓧ BED (MULTI-PURPOSE)

WANTED

Klutzy Klein, Horrible Howard,
Cocky Corker, Crazy Cormack, Terrible Tudryn

$50,000 REWARD

For information leading to the Capture and Conviction of the Criminals who are wanted for Malevolent Malfeasance resulting in a Horrendous Lapsus Linguate while attempting to Coruscate Ad Infinitum!

WANTED

DOBE
Birth Control Info.
AVAILABLE
to High School Students

WANTED

Due to the graduation of the number one stud of the school, Hubby Jackson, a new "King Stud" must be created to take his place. This person must be a born leader with outstanding charisma, muscles, charm, and so on ... to truly be...

ANOTHER HUB JACKSON

To truly be "King Stud", this person must master many actions and phases, such as... "Lets go!", "I'd Jump it!", "Really!!", "Haachachache!

LEADING CANDIDATE

Junior
Jerry Millar

Sophomore
Al Progulski

WANTED

~ El Lelando ~

Alias: "Art the Rat", "King Arthur", and "The Man"

For: KIDNAPING innocent teenagers and keeping them in a dark dungeon known as "The Principal's Office", and torturing them by throwing them into "Study Hall" to be surrounded by other hardened criminals.

REWARD OPEN CHOICE & 4 000 Green Gerbils

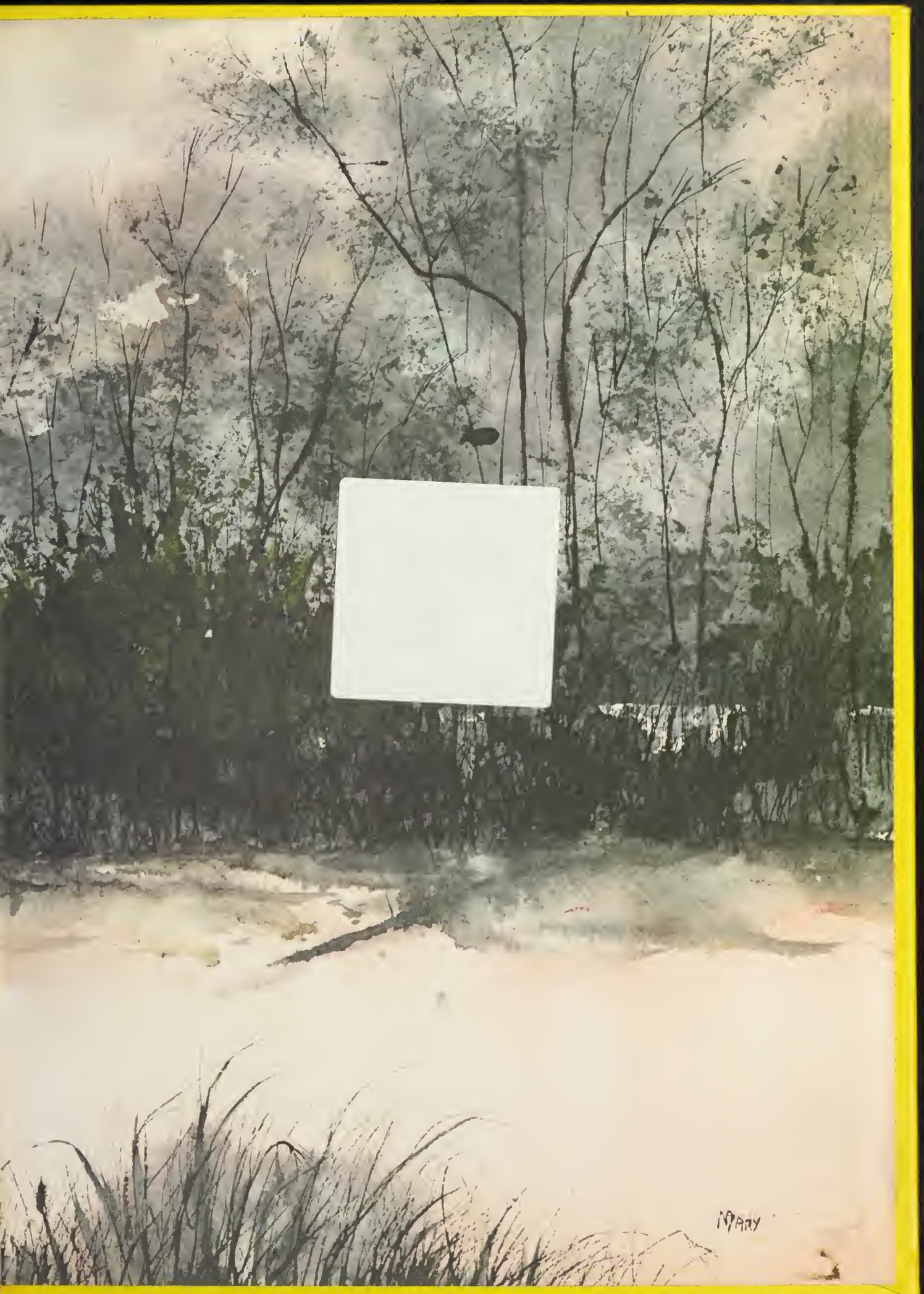
Amherst Regional H.S. Library
21 Mattoon Street
Amherst, MA 01002

At times we may be separated
and forget who we are
Our travels may be to nowhere
or distant and far
Some friendships may be lost
and memories let slip by
But our friendships have been special
and will be remembered 'till we die

Donna Tudryn

Credits **Supplement '74**

Cover — Blanche Derby. **High School Is . . .** — Joe Scanlon. **ARHS Monotony** — Rachel Shanor. **Wanted Posters** — Joe Scanlon (3), Sarah Harper, Carol Mellen, Dave Flight, Jane Keyes. **Typical Teenager's Room** — George Tobin, Jr. **Cartoons** — Joe Scanlon, John Gibson, John Garber, Charlie Burke. **Photographs** — Jerry Miller, Tom Hancock, Jane Keyes, Mitch Koldy, Carol Mellen, Greg Nelson, Eileen O'Connor, John Patriquin, Sarah Harper, Jane Mahar, John Garber. **Poem** — Donna Tudryn.


MARY